

NAPA/SOLANO AREA AGENCY ON AGING



ASSISTANCE - ADVOCACY - ANSWERS



Advisory Council on Aging

AGENDA

**ACOA Advisory Council Virtual Meeting
November 2, 2021 - 10:00 AM Pacific Time**

Join Zoom Meeting:

<https://us02web.zoom.us/j/87215426937?pwd=WXFIRFFKMUVIcINwejA2bTZFUUFEdz09>

Phone: 669 900 6833

Meeting ID: 872 1542 6937

Passcode: 843625

NAPA/SOLANO AREA AGENCY ON AGING MEETING PROTOCOL IN RESPONSE TO CORONAVIRUS COVID 19

California Governor Gavin Newsom issued Executive Order N-25-20 on March 12, 2020, relating to the convening of public meetings in light of the COVID-19 pandemic. The Napa/Solano Area Agency on Aging hereby provides notice that it will continue to convene its regularly scheduled public meetings of the Oversight Board and the Advisory Council telephonically, as provided in the publicly posted agenda notice, and until further notice. Pursuant to the Executive Order, and to maintain the orderly conduct of the meeting, the Napa/Solano Area Agency on Aging will allow Board members and Council members to attend the meetings telephonically and to participate in the meetings to the same extent as if they were present.

Members of the public who wish to participate may participate telephonically. For members of the public who wish to participate but not to attend telephonically, you may submit written comments on any matter within the Board or Council's subject matter jurisdiction, regardless of whether it is on the agenda for Board or Council consideration or action, and those comments will be entered into the administrative record of the meeting. To submit written comments by U.S. Mail or email for inclusion in the meeting record, they must be received by the Napa/ Solano Area Agency on Aging staff no later than 9:00 a.m. on the morning prior to the noticed meeting. To submit written comments by email, please forward them to eclark@solanocounty.com. To submit such comments by U.S. Mail, please forward them to:

Elaine Clark
Napa/Solano Area Agency on Aging
275 Beck Avenue
Fairfield, CA 94533

NAPA/SOLANO AREA AGENCY ON AGING



ASSISTANCE - ADVOCACY - ANSWERS



Advisory Council on Aging

AGENDA
November 2, 2021

CALL TO ORDER – 10:00 a.m.

ROLL CALL

COMMENTS FROM THE PUBLIC

This is your opportunity to address the Advisory Council on a matter not on the Agenda, but it must be within the subject matter jurisdiction of the ACOA. Please limit comments to three minutes. Items from the public will be taken under consideration without discussion by the Advisory Council and may be referred to staff.

APPROVAL OF THE AGENDA

APPROVAL OF THE OCTOBER 5, 2021 MINUTES

MEMBER CHECK-INS - Opportunity for Council Members to share activities and updates.

OVERVIEW OF APPROVED BYLAWS

- Summary and discussion – Verneal Brumfield
- One-time change in term dates to stagger odd and even year terminations – Elaine Clark

REPORTS

- Executive Committee: – Richard White
- Quarterly Report – Richard White
- AgeWell – Cheryl Johnson
- Advocacy – Tony Provine
- Staff Report – Elaine Clark

LOCALIZING THE MASTER PLAN FOR AGING BY COUNTY – Elaine Clark

OLD BUSINESS

- Discussion of Advisory Council informal get-together

NEW BUSINESS

- Update on 2022 virtual and in-person meetings – Elaine Clark
- Recruiting and selection for Alternate Advisory Council Members

ACTION ITEMS:

- Approve process for one-time change in term dates

ADJOURN – 12:00 p.m.

NAPA/SOLANO AREA AGENCY ON AGING



ASSISTANCE - ADVOCACY - ANSWERS



Advisory Council on Aging

DRAFT MINUTES
October 5, 2021

CALL TO ORER – 10:03 a.m.

PRESENT: Elaine Clark, Executive Director AAA; Richard White, Chair; Verneal Brumfield, Vice Chair; Susan Ensey, Acting Secretary; Donna Altes; Jerry Castanon; Donna Harris; Cheryl Johnson; Arnold Koenig; Tony Provine; Julie Spencer; Fern Yaffa. **Excused:** Jan Burger. **Absent:** Brenda Crawford; Mina Diaz; Dane Reeves. **Guests:** Laurie Hartmann, Executive Director Meals on Wheels, Solano County; Gwendolyn Gill, Public Health, Solano County.

APPROVAL OF AGENDA:

APPROVAL OF SEPTEMBER 7, 2021 MINUTES:

Motion by Donna Altes to approve Agenda and Minutes; Seconded by Fern Yaffa; Approved.

MEMBER CHECK-INS

SERVICE PROVIDER OVERVIEW AND DISCUSSION – Elaine Clark

REPORTS

- **Executive Committee:** – Richard White
- **AgeWell** – Cheryl Johnson
- **Advocacy** – Tony Provine
- **Staff Report** – Elaine Clark

LOCALIZING THE MASTER PLAN FOR AGING BY COUNTY – Elaine Clark

OLD BUSINESS:

- Richard White attended the TACC Meeting and submitted PSA Report

NEW BUSINESS:

- Discussion of future virtual and in-person meetings.
- Donna Altes suggested planning an informal get together for the Council. Further discussion needed.

ACTION ITEMS:

- **Adoption of Resolution ACOA-2021-1 regarding conducting virtual meetings through November.** Motion to adopt by Tony Provine; Seconded by Donna Harris; Approved.
- **Motion to cancel Council meeting in December** by Donna Altes; Seconded by Fern Yaffa; Approved.

ADJOURN – 12:01 p.m.

Summary of Important Changes to ACOA Bylaws:

Types of Membership:

- A) **Regular Members** are expected to attend all regular Council Meetings as voting members.
- B) **Alternate Members** are encouraged to attend all meetings, but are designated as Alternate 1 and Alternate 2 for each county and are expected to attend when asked to vote in place of an absent regular member from the same county.

| | REGULAR MEMBERS | ALTERNATE MEMBERS |
|---|--|--|
| <p>APPOINTMENT AND NUMBER</p> <p><i>BYLAWS ARTICLE III – MEMBERSHIP DEFINITION OF MEMBERSHIP & SECTION 1. QUALIFICATIONS</i></p> | <p>Approved and appointed by the Board of Supervisors</p> <p>Total of 16, with 8 representing each county</p> | <p>Same</p> <p>Up to total of 4, with up to 2 representing each county. Designated as alternate 1 and alternate 2 from each county</p> |
| <p>VOTING</p> <p><i>BYLAWS ARTICLE III – MEMBERSHIP SECTION 1. QUALIFICATIONS</i></p> | <p>Full authority to vote on Council Actions</p> | <p>When a regular member is absent from a meeting, the first alternate member, i.e., alternate one, from the same county, will be expected to attend the meeting and may vote in their absence.</p> <p>When a regular member is absent and alternate one is unable to attend, alternate two will be expected to attend the meeting and may vote.</p> |
| <p>ATTENDANCE AT MEETINGS</p> <p><i>BYLAWS ARTICLE IV – MEETINGS SECTION 4. ATTENDANCE</i></p> | <p>Expected to attend all regular council meetings.</p> <p>If absent four times within a rolling twelve-month period will be removed as a regular member.</p> | <p>Encouraged to attend all regular council meetings.</p> <p>If called to attend, but do not attend on two occasions within a rolling twelve-month period, will be removed as an alternate member.</p> |
| <p>TERM OF OFFICE</p> <p><i>BYLAWS ARTICLE III – MEMBERSHIP, SECTION 2. TERM OF OFFICE</i></p> | <p>Serve for two years from appointment.</p> <p>Option to be reappointed for two additional two-year terms.</p> <p>Effective ____ one time change in term dates to stagger odd and even year terminations.</p> | <p>Same</p> <p>Same</p> <p>N/A</p> |
| <p>COMMITTEES AND TASK FORCES</p> <p><i>BYLAWS ARTICLE VII - COMMITTEES AND TASK FORCES</i></p> | <p>The Advisory Council may establish informal, short term projects and project teams. Project teams comprised of seven or fewer members are not subject to the Brown Act.</p> | <p>Alternate members are encouraged and expected to participate in work groups with the same input and voting as regular members.</p> |

Advisory Council of the Napa / Solano Area Agency on Aging

BYLAWS

ADOPTED October 25, 2021

ARTICLE I – GENERAL PROVISIONS

SECTION 1. NAME

The name of this organization shall be the Advisory Council of the Napa / Solano Area Agency on Aging (“Advisory Council”).

SECTION 2. AUTHORIZATION

The Advisory Council shall function according to the provisions of the Joint Exercise of Powers Agreement Between Napa County and Solano County (“JEPA Agreement”) approved by the Napa and Solano County Board of Supervisors on September 11, 2018, and all laws and regulations, including the Older Californians Act of 1996 and the Older Americans Act.

The JEPA Agreement established the Napa / Solano Area Agency on Aging, the agency designated by the California Department of Aging (CDA) within PSA 28 pursuant to 22 C.C.R. §7206 (“AAA”), and the joint operation of it.

ARTICLE II – DUTIES AND RESPONSIBILITIES

SECTION 1. DUTIES AND RESPONSIBILITIES

The Advisory Council shall:

1. Serve in an advisory capacity to the Oversight Board of the AAA.
2. Serve in an advisory, planning and advocacy capacity for seniors, adults with disabilities and their caregivers, and for other organizations designated by either one or both of the Boards of Supervisors for Napa and/or Solano Counties taking positions on matters pertaining to federal, State, and local policies, programs, procedures, and any legislation affecting older persons.
3. Actively seek advice from senior advocacy organizations, elected officials, local aging commissions, and the general public for the purpose of advocating for and making formal presentations on issues of concern to seniors, adults with disabilities, and their caregivers.
4. Seek advice from local seniors, adults with disabilities, and caregiver advocates and

organizations on specific legislation pending before local, State, and federal governments.

5. Disseminate information of interest to local senior advocates, seniors, adults with disabilities, and their caregivers.
6. Work with AAA staff to develop, implement, and monitor the four-year Area Plan and annual updates.
7. Work with AAA staff to hold public hearings on the four-year Area Plan and updates in accordance with all legal requirements.
8. Work with AAA staff to produce the annual report in accordance with the Older Californians Act. The report shall be prepared within six (6) months of the close of the fiscal year and shall contain a summary of the Advisory Council's activities and projects, finances, a list of Advisory Council members, and any other information specifically requested by the Napa or Solano Board of Supervisors or CDA.
9. Review program and fiscal monitoring and outcomes of AAA contractors along with AAA staff. Recommend programmatic funding areas and funding levels for AAA services/contracts to the Oversight Board.
10. Review and comment on all community policies, programs and actions which affect older persons with the intent of assuring maximum coordination and responsiveness to older persons.

ARTICLE III – MEMBERSHIP

DEFINITION OF MEMBERSHIP

The Advisory Council shall consist of sixteen (16) regular members and up to four (4) alternate members, with eight (8) regular members appointed by each County Board of Supervisors, and up to two (2) alternate members appointed by each County Board of Supervisors. A Board of Supervisors may choose not to appoint alternate members. The differences between the two memberships are described in detail throughout the Bylaws. The primary difference is that regular members are expected to attend all Council meetings as voting members. Alternate members are encouraged to attend all meetings, but are designated as alternate one (1) and two (2) for each county and are expected to attend when asked to vote in place of an absent regular member from the same county.

For purposes of these Bylaws, the term "regular member" refers only to regular members, the term "alternate member" refers only to alternate members, and the term "member" appearing without designation refers to both.

SECTION 1. QUALIFICATIONS

The Advisory Council membership shall consist of sixteen (16) regular members and up to four (4) alternate members as follows:

1. More than 50 percent older (60+) persons, including minority individuals, who are participants or who are eligible to participate in programs under 45 CFR 1321.57;
2. Representatives of older individuals;

3. Representatives of health care provider organizations, including providers of veterans' health care;
4. Representatives of supportive services provider organizations;
5. Persons with leadership experience in the private and voluntary sectors;
6. Local elected officials;
7. Family caregiver representative; and
8. The general public.

The Advisory Council shall represent the senior population in respect to ethnic, and racial distribution.

Solano and Napa ~~Each~~ County Boards of Supervisors each shall appoint one-half (½), eight (8) of the regular members, and may, if they so choose, appoint one-half (½), up to two (2) of the alternate members. Prior to each Board's appointment, the AAA staff shall review proposed appointments to the Advisory Council to ensure that each county's appointments meet the representation requirements. The Advisory Council may appoint a subcommittee to review and recommend membership applications to the full Advisory Council. The Advisory Council, by a majority vote, will forward its recommended applicants to each respective county for appointment.

The two (2) alternate memberships for each county will be designated as alternate one and alternate two. When a regular member is absent from a meeting, the first alternate member, i.e., alternate one, representing the same county as the regular member, will be expected to attend the meeting and may vote in their absence. When a regular member is absent from a meeting and alternate member one is unable to attend, alternate member two will be expected to attend the meeting and may vote.

SECTION 2. TERM OF OFFICE

Regular and alternate Advisory Council members serve for two (2) years from their appointment and may be reappointed for two (2) additional two (2) year terms.

A regular member who wishes to reapply to serve on the Advisory Council as a regular member following their three (3) terms may do so when a regular vacancy occurs, and after a minimum of one (1) year break in their regular member service. A regular member who wishes to apply to serve as an alternate member may do so when an alternate vacancy occurs anytime during their tenure, and anytime following their three (3) terms as a regular member.

An alternate member who wishes to apply to serve as a regular member may do so when a regular vacancy occurs any time during their tenure, and anytime following their three (3) terms as an alternate member.

Each term begins July 1 and ends on June 30.

Effective October 25, 2021, a one-time only change is made in term expiration dates in order to have four (4) members' terms from each county expire in the even years, and four (4) members' terms expire in the odd years. To make this change, four (4) members from each county have their terms extended by one (1) year. The Advisory Council approves the list of members whose terms are extended.

Any member of the Advisory Council may be removed at any time by their appointing authority. In addition, any member shall be removed at any time if required by these Bylaws, or if the member ceases to meet their representation category.

SECTION 3. VACANCIES

Any vacancy shall be filled by the appointing authority expeditiously, with the new member's term coinciding with the vacating member's term. Notice of vacancies shall be published countywide.

SECTION 4. COMPENSATION

The members of the Advisory Council shall serve without compensation.

SECTION 5. CONFLICTS OF INTEREST

No member shall make, participate in making or in any way attempt to use their official position to influence a governmental decision in which they know or have reason to know they have a financial interest.

A member of the Advisory Council shall not have a financial interest in any entity funded by the Area Agency on Aging (AAA) (as provided for in Government Code, 1090. et seq., and Government Code 87100, et seq). Notwithstanding those laws, "financial interest" shall include income received from or a position of management in, any nonprofit entity funded by the AAA, whether received or held by the member or their immediate family.

ARTICLE IV –MEETINGS

SECTION 1. SCHEDULE

The Advisory Council shall meet monthly or at least six (6) times a year at a stated date, time, and place to be decided by the Advisory Council. All meetings shall be subject to the Brown Act. Advisory Council meetings shall be held in different communities served by the AAA, when feasible.

SECTION 2. QUORUM

A majority of the Advisory Council, with a minimum of four (4) members serving from each county, shall constitute a quorum.

SECTION 3. RULES OF ORDER

The meetings of the Advisory Council shall be governed by the authority of "Robert's Rules of Order."

SECTION 4. ATTENDANCE

Attendance at regular meetings is expected and important in achieving Council business. Each member's attendance will be recorded as present or absent, and will be reported in the Advisory Council quarterly reports.

If a regular member has absences totaling four (4) or more within a rolling twelve (12) month period, they shall be removed from the Advisory Council as a regular member. The remainder of their term will be filled by an alternate member, or a new regular member appointed to complete the remainder of their two-year term.

If an alternate member has two (2) or more occasions within a rolling twelve (12) month period in which they are called to attend but do not attend, they shall be removed from the Advisory Council as an alternate member. The remainder of their term will be filled by a new alternate member appointed to complete the remainder of their two-year term.

ARTICLE V – OFFICERS

SECTION 1. OFFICERS

The officers of the Advisory Council shall consist of the following positions with representation from both counties:

1. Chairperson
2. Vice-Chairperson
3. Secretary
4. Such other officers as the Advisory Council deems necessary to perform duties as determined by the Advisory Council.

SECTION 2. DUTIES OF OFFICERS

1. Duties of the Chairperson:

- A. The Chairperson shall preside at all meetings of the Advisory Council; may appoint any member of the Advisory Council to preside as Chairperson at an Advisory Council meeting should both the Chairperson and the Vice Chairperson be unable to attend.
- B. The Chairperson may call special meetings of the Advisory Council when necessary.
- C. In conjunction with members of the Advisory Council and AAA Staff, the Chairperson shall develop agendas for the Advisory Council meetings. Agenda items from Advisory Council members shall be given to the Chairperson or AAA staff 72 hours in advance of the upcoming meeting.
- D. The Chairperson shall serve as an ex-officio member of all committees.
- E. The Chairperson shall inform the Oversight Board of the Advisory Council's actions and decisions.
- F. The Chairperson shall ensure adherence to the Brown Act and Robert's Rules of Order.
- G. The Chairperson shall perform all duties necessary or incidental to this office. The Chairperson shall represent the Advisory Council at functions.
- H. The Chairperson shall appoint a temporary Secretary in the event of the absence of the Secretary and their alternate at any meeting of the Advisory Council.
- I. The Chairperson shall perform other tasks as authorized by the Advisory Council.

2. Duties of the Vice-Chairperson:

- A. The Vice Chairperson shall perform the duties of and exercise the power of the Chairperson during the absence of the Chairperson.
- B. The Vice Chairperson shall carry out other duties assigned by the Chairperson or Advisory Council.
- C. The Vice Chairperson will automatically become Chairperson and assume the full powers of the Chairperson until the end of the term should the position of Chairperson become vacant. Should the Vice Chairperson be unable or unwilling to assume the Chairperson role, the Advisory Council membership will elect and vote to fill the Chairperson position.

3. Duties of the Secretary:

- A. The Secretary shall review the minutes of each Advisory Council meeting which are recorded, kept and distributed to each member of the Advisory Council along with the

agenda for upcoming meetings.

- B. In the absence of the Chairperson and Vice-Chairperson, the Secretary shall perform the duties of and exercise the power of the Chairperson during their absence.
- C. The Secretary shall keep a record of member attendance at Advisory Council meetings for inclusion in the quarterly report.

4. Absence of the Officers:

In the absence of all of the officers and the alternates at any Advisory Council meeting, the members present shall choose a presiding officer for that meeting.

SECTION 3. ELECTION AND TERMS OF OFFICERS

- 1. Officers are regular members and may serve two (2) consecutive one (1) year terms in any one office. As feasible, the officers shall represent both counties. No member shall hold more than one office at any time. Except for a vacancy in the office of Chairperson, vacancies of officers shall be filled by appointment of the Advisory Council for the remainder of the unexpired term.
- 2. Nomination of Officers
 - A. The Nominating Committee shall represent both counties and consist of three (3) regular members: one person selected by the Executive Committee at their March meeting, one selected by the Chairperson of the Advisory Council at or prior to the March meeting, and one elected by the Advisory Council at the March meeting.
 - B. The Advisory Council Chairperson shall appoint the Chairperson of the Nominating Committee from the three members.
 - C. The members of the Nominating Committee shall serve no more than one (1) consecutive appointment.
 - D. The Nominating Committee shall meet prior to the April Council meeting to prepare a slate of nominees. The Nominating Committee report shall be signed by each member and indicate the nominees to the offices of Chairperson, Vice-Chairperson, and Secretary.
 - E. No member of the Nominating Committee shall be nominated nor accept a nomination to office during their tenure on said committee.
 - F. The slate will be presented to the full Council at their April meeting. Additional nominations may be made from the floor at that time.
 - G. After the April meeting, this slate of officer candidates shall be delivered personally or by mail (postal or electronic) mailed to all members of the Advisory Council at least one (1) week prior to the May Council meeting.
- 3. Election of Officers
 - A. The election shall take place at the Advisory meeting held in May at which time all nominees must either be present to affirm their consent to serve or have provided a written consent to serve.
 - B. Nominations from the floor will again be considered. These nominees must also give verbal or written consent to serve.
 - C. An individual receiving a majority of votes for any office shall be deemed to have been elected.
 - D. In the event of a tie vote, there shall be a second vote on that particular office. If a second vote also ends in a tie, the office shall be filled by the toss of a coin.
 - E. Elected Officers shall begin their term on July 1st.

ARTICLE VI – REPORTS AND PUBLIC STATEMENTS

All reports of the Advisory Council ordinarily shall be delivered personally or by mail (postal or electronic) to each member of the Advisory Council and posted on the AAA web site 72 hours prior to the date of the meeting at which the report is proposed for consideration and action thereon by the Advisory Council.

Approval of any report, oral or written, or public statements of Advisory Council members shall require an affirmative vote of the majority of both regular members, and alternate members who are designated to vote in place of regular members, who are present at the meeting.

None of the above shall preclude any Advisory Council member from expressing their opinions or recommendation when acting solely as an individual and not as a member of the Advisory Council.

All communications from the Advisory Council shall be sent out with the authorized signature of the Chairperson of the Advisory Council.

ARTICLE VII – COMMITTEES AND TASK FORCES

The Advisory Council has the power to establish and dissolve standing or ad hoc committees as necessary to carry out its work. No standing or action committee may exercise the authority of the Advisory Council. Such committees shall adhere to the Brown Act, to the extent required by law, and shall contain representatives of both counties.

The Advisory Council may establish informal, short-term projects and project teams. Project teams comprised of seven (7) or fewer members are not subject to the Brown Act.

ARTICLE VIII – AMENDMENTS

Notice of any proposed amendment to these Bylaws shall be delivered personally or by mail (postal or electronic) to each member of the Advisory Council, and posted on the AAA website at least thirty (30) days in advance of the meeting when the amendment is to be considered.

Amendments to the Bylaws, after thirty (30) days' notice, may be adopted by the affirmative vote of two-thirds (2/3) of both regular members, and alternate members who are designated to vote in place of regular members of the Advisory Council present at the meeting, and with the approval of the Oversight Board.

Bylaws Original Adoption: September 29, 2019

NAPA/SOLANO AREA AGENCY ON AGING



ASSISTANCE - ADVOCACY - ANSWERS



Advisory Council on Aging

EXECUTIVE COMMITTEE AGENDA

November 2, 2021 – 12:00–12:30 – Zoom Meeting

CALL TO ORDER 12:00

ROLL CALL

APPROVAL OF NOVEMBER 2, 2021 AGENDA, AND DRAFT MINUTES FROM OCTOBER 5, 2021

EXECUTIVE REVIEW AND DISCUSSION OF REPORTS AND TOPICS COVERED IN COUNCIL MEETING

PLAN AGENDA FOR JANUARY COUNCIL MEETING

NEW BUSINESS

- Review 3-page summary of Advisory Council Member Responsibilities and Expectations

ADJOURN 12:30

EXECUTIVE COMMITTEE DRAFT MINUTES

September 7, 2021 – Zoom Meeting

CALL TO ORDER: 12:10

ROLL CALL: Richard White, Chair; Verneal Brumfield, Vice Chair; Susan Ensey, Secretary; Elaine Clark, Staff

DISCUSSION TOPICS

- Potential topics and speakers for November and January meetings.
- Details for inclusion in Council's July-September Quarterly Report
- Include overview and discussion of approved ByLaws in November meeting.

ADJOURNED 12:50

Resolution No. 2021-209

RESOLUTION OF THE SOLANO COUNTY BOARD OF SUPERVISORS PROCLAIMING OCTOBER 24-30, 2021 AS CENTENARIAN'S WEEK IN SOLANO COUNTY

WHEREAS, it is estimated that there were approximately 80,000 centenarians, or people aged 100 years or older, living in the United States today, according to a report from the American Association on Aging. That number is up 14 percent from 2010, when there were approximately 70,000 centenarians; and

WHEREAS, centenarians have defied life expectancy projections by at least 20 years, holding the keys to longevity and quality of life. Together they share several commonalities, including having a positive and optimistic outlook on life, maintaining a healthy weight, exercising regularly, are committed to their faith, practice clean living, including staying out of trouble, and have loving families; and

WHEREAS, researchers at the Boston University School of Medicine, New England Centenarian Study, have determined that genetics also plays a critical and complex role in determining who lives to 100 and who does not. This genetic influence becomes greater as we age, especially in those who live beyond age 103. While sheer luck no doubt plays a role in how long we live, centenarians with family members who also lived into old age are twenty-times more likely to live to age 100 than an average person; and

WHEREAS, the following Solano County community members are centenarians or will reach the centenarian milestone during the 2021 calendar year, including from the City of Rio Vista: Virginia Tillen, age 100; From the City of Vallejo: Charley Watley Callaway Jr., age 101, Loretta Yost, age 99 (100 in December), Teodora Cruz, age 99 (100 in November), Eleanor Marshall, age 100, Evelyn Milas, age 101; From the City of Fairfield: Rosalind Faraday, age 100, Robert Dittmer, age 100, Gaylon Caldwell, age 101, Angelina Meredith, age 101, Charlotte Stack, age 101, Tsuyako (Grace) Miyagishima, age 101, Richard Betchley, age 101, Serapio Cortes, age 101, Lois Dittmer, age 102, Irene Bruce, age 103, Mildred Healy, age 103, LaVonne Eyres, age 104, Maria Luz Tobias Galang, age 104, Mary Alice, age 101, Hazel Booher, age 106, Violet Jones, age 100, Virginia Noordyk, age 102, Marjorie Bors, age 102, Col USAF Earl H. Chinnock, age 100, Murray Schacht, age 100, Gerta Carsch, age 100, Juliette Thomas, age 100, Caroline Low, age 100, Leendert Miener, age 100, Berenice Sullivan, age 99 (100 in December), John Knebel, age 100, Anita Parker, age 100, Farideh Amirkhizi, age 100; From the City of Vacaville: Janet Wilhart, age 100, Euratee Draper, age 101, Elda Dehnbostel, age 101, Stanley Emerson, age 102, Bruce Sooy, age 104, Dorothy Pennycot, age 106, Dorelle Berg, age 100, Xanthia Warren, age 100, Anne Rigsby, age 100, Theodore Mertz, age 100, Leona Young, age 100, Lt. General John Gonge, age 99 (100 in November), Jack Weir, age 100; and

WHEREAS, no matter their age, religion, educational and socioeconomic status, centenarians serve as a guiding light and example of aging with dignity. Their contributions to our understanding of the aging process and how to age with self-respect and pride are laudable and worthy of recognition.

NOW, THEREFORE BE IT RESOLVED, that the Solano County Board of Supervisors hereby proclaims the week of October 24-30, 2021 as Centenarian's Week in Solano County.

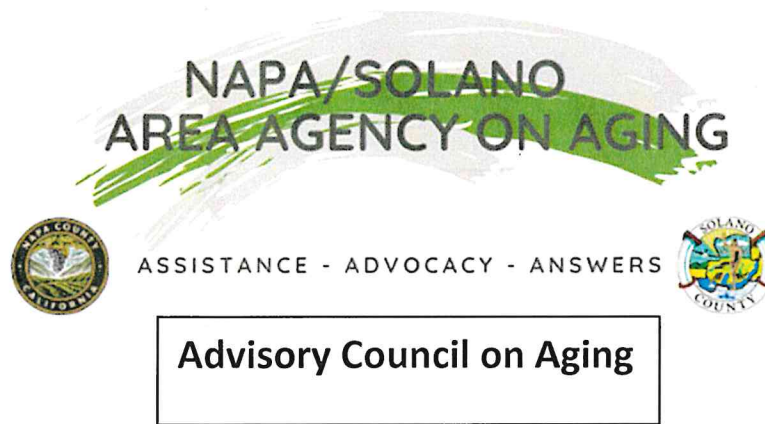
Dated this 26th day of October 2021



[Signature]
JOHN M. VASQUEZ, Chair
Solano County Board of Supervisors

ATTEST:
BIRGITTA E. CORSELLO, Clerk
Solano County Board of Supervisors

By: *[Signature]*
Alicia Draves, Chief Deputy Clerk



ACOA/NSAAA: QUARTERLY REPORT

JULY – SEPTEMBER 2021

This report is for the period July 1 – September 30, 2021, and like the April - June recap, summarizes the key activities of the Advisory Council to the Napa/Solano Area Agency on Aging.

Area Plan

- The Council continues to focus its efforts on localizing the 2020-2024 Area Plan with the State’s Master Plan for Aging (MPA). As an example, with affordable housing scarce throughout the Bay Area, including Solano County, the Council learned more about one possible solution – Community Land Trusts through a relationship with the Northern California Land Trust (NCLT). The ACOA continues to advocate for additional, affordable housing for older adults.
- The Council developed an abridged version (in Excel format) of the MPA, highlighting its five big goals, 32 strategies, and 129 initiatives. This tool is being used as a template for localizing advocacy efforts and establishing local funding priorities.
- The Council initially learned about “age-friendly communities” through a pre-COVID presentation from AARP’s Julie Bates and recognized many similarities between the AARP’s seven “livability index” components and the Area Plan and MPA. The Council recommends that Napa and Solano Counties initiate adoption of the Age-Friendly designation.

Advocacy

- Issued letters of support for SB515/AB911 to establish a Long-Term Services and Support Benefit Task Force. A long-term insurance task force has been created under AB567 (Calderon) and meets bi-monthly; its final report is due on or before 1/1/23.
- The Council approved a letter be sent to the Solano County BOS mandating the use of masks indoors until the virus is rendered less harmful. Mayors of the seven cities received copies and a version of the letter was published in several county newspapers.

NAPA/SOLANO AREA AGENCY ON AGING



ASSISTANCE - ADVOCACY - ANSWERS



Advisory Council on Aging

- The legislative session closed on 10/10; the Council tracked and monitored nearly 40 bills; please see the attached page of key bills being tracked. Each of these bills, if passed, will promote, protect, and enhance the health and dignity of older adults, the disabled, and caregivers.

Communications

- The "Volunteer" page of the AAA web site was updated to align services with specific providers to facilitate access to important health information. Updates also included links to the Council's quarterly *AgeWell* newsletter and COAD (Community Organizations Active in Disaster). These tools will assist community members in finding needed resources and volunteer activities.
- Approved Bylaws changes and forwarded to the Oversight Board for review and approval.
- With the continued persistence of the COVID virus and the passage of AB361, Council meetings will continue to be virtual through the end of the year. The December meeting has been cancelled.
- The initial issue of the ACOA's quarterly newsletter, *AgeWell*, was published and e-mailed to Solano County older adults. The Council has been trying, unsuccessfully so far, to secure a similar e-mail distribution list for Napa County older adults, disabled, and caregivers. The 2nd edition will be sent in October. *AgeWell* highlights local senior issues, service providers, and activities.
- Cheryl Johnson, an ACOA member from Solano County, reported on the activities of the *Alzheimer's Association*, including two upcoming walks in September and October. ACOA members participated in both walks.
- Donna Altes, an ACOA member from Napa, reported on *Share the Care*, an AAA service provider that recently opened a new storefront in Napa to increase access to free, durable medical equipment.

Education

- The Area Plan reports that nutrition ranked #3 in its needs assessment survey, slightly below housing and transportation. The Council broadened its knowledge of home-

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ASSISTANCE - ADVOCACY - ANSWERS



Advisory Council on Aging

delivered and congregate meals with a presentation by Stella Wu Chu, Senior Nutritionist. Stella explained how community members can provide input in choosing meals for the county's Meals on Wheels program. The ACOA further discussed how to inform community members about how to provide input.

Membership

- Welcomed Janice Burger and Fern Yaffa to the Council as Napa representatives.
- Fern graduated from USF with a B.S. in Nursing, followed by an MPA, Health Services. Her career with Kaiser as a health care professional spans 16 years. Her expertise is in management and service delivery within the healthcare field.
- Janice comes to the Council after a 30-year career as a pharmacist and volunteers with an AAA provider agency, Collabria Care. On her application to join the Advisory Council,
- Janice said, "I feel a great compassion for our senior population and would like to put that compassion into action".
- All eight Council seats representing Solano County are filled; one seat remains open in Napa County.

Recognition

- New Council officers' terms began 7/1: Richard White, Chair; Verneal Brumfield, Vice-Chair; Susan Ensey, Acting Secretary. These officers comprise the Executive Committee.

Looking Forward

- The Council continues its work to develop a Diversity, Equity, and Inclusion statement.
- Support Napa and Solano Counties and AAA efforts to become "age-friendly".



Staff Report November 2021

1. Master Plan Playbook

Together with Gwendolyn Gill, Administrator, Older and Disabled Adults for Solano County, we are preparing a brief presentation to the Solano County Board of Supervisors asking them to submit an application designating Solano County as an “Age-Friendly” county. The designation establishes a framework that fits with the Master Plan for Aging, planning for all ages and stages. We anticipate making the presentation in December.

2. Aging and Disability Resource Connection (ADRC)

Together with the Independent Living Resource Center of Solano and Contra Costa Counties, we applied to open an Emerging Aging and Disabilities Resource Connection (ADRC), in Solano County. We anticipate hearing in January from California Department of Aging on the outcome of our application. If the award is postponed, we will revise and submit again next year.

I wrote and circulated a paper on the vision of an ADRC. This paper articulates the vision when explaining the impact an ADRC can have on older adults, persons with disabilities, and their caregivers.

I attended an initial meeting with Napa County members of HAPI to give input on their plans moving forward and potential AAA involvement.

3. Reopening

The CDA sent congregate meal center reopening guidelines. The suggestion is to open as soon as possible when the community and facilities are ready. The AAA and Stella WuChu, our Nutritionist, is working with service providers to open sites when appropriate. Many clients are reluctant to return. Stella shared how Contra Costa is reopening and rebranding their congregate sites to bring people back. We will work with providers and sites next year to create excitement around reopening.

4. Service Provider Update

Norma Lisenko of Innovative Health Solutions set up a meeting with the AAA and Sequoia Living, a low-income senior housing complex in Vallejo, to begin a relationship in order to bring community services to the complex. Norma’s work to create a community garden and nutrition programs to another senior living facility were recognized by the state. The plan is to bring more gardens to more senior living facilities to integrate with exercise and nutrition classes.

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ASSISTANCE - ADVOCACY - ANSWERS



5. CDA Funding

The state released Amendment 2 with additional funding for \$273,917:

1. Nutrition programs -- \$261,034
2. Ombudsman and Elder Abuse Prevention programs. The Ombudsman funding is specific to a pilot robotic pet program for people living in care facilities, <https://joyforall.com/>

6. American Rescue Plan (ARP) Funding for Counties – not AAA funds

Both Napa and Solano County Boards of Supervisors have asked for community input on how to spend their ARP funding, which expires September 30, 2026.

I met with a group of Napa nonprofits and county personnel to answer general questions about long-term AAA projects and how the work the Napa group is doing might tie into a potential ADRC in Napa.

To my knowledge, Solano County nonprofits are not working together. I reached out to the Benicia Family Resource Center and the Independent Living Resource Center to suggest they apply for funding for COVID related service enhancements.

Internal Calendar - Napa / Solano Advisory Council on Aging - JAN - DEC 2021

Updated 10/20/21

| Month/Year | Meetings / Membership | Project & Advocacy Milestones | Key AAA / Contract Activities |
|--|--|---|--|
| JANUARY | -1/5 Speaker: Lauren Rolfe, California Senior Assembly Member. Subject: CSL -New Website overview. | -Approved Advocacy Project -Newsletter and Alerts | -New AAA website launch -New COVID Relief Bill reviewed |
| FEBRUARY | -2/2 Speaker: Julie Bates: Livable Communities and Livability Index. -Molly's Angels Update by Susan Ensey. | -Newsletter and Program Themes Calendar teams activating Calendar themes and topics into the Newsletter. -Capital Day February 28 | -Approved reallocation of PD&C funding; and allocation of additional One-Time-Only and Realignment funding |
| MARCH March for Meals | -Officer Nomination Committee Members approved. | -Approved <i>AgeWell</i> for Newsletter name. -Advocacy team tracking multiple state and Federal Bills. | -Start review process for Area Plan and Provider allocations -Proposed Budget for 21-22 |
| APRIL | -Approvals: Officer: Richard White, Chair; Verneal Brumfield, Vice Chair; Susan Ensey, Acting Secretary. -New members: Mina Diaz and Jerry Castanon. -2nd 2-year terms: Verneal Brumfield, Donna Harris, and Arnold Koeniq. -4 members leaving Council on 4/30. | -Presentation and review of updated Area Plan by Elaine Clark. -Spreadsheet of tracked Legislative Bills sent to Members. | -Update Area Plan: Public Hearing on Area Plan. |
| MAY Older Americans | -Welcome new Solano members: Mina Diaz and Jerry Castanon. | -Ad Hoc Team formed to review By Laws. -Ad Hoc Interview Committee formed. | -Present budget and funding for providers to Members. -Area Plan submitted to CDA. |
| JUNE Gay Pride / Elder Abuse / Alzheimer's | -6/1 Speakers: Vallejo Community Land Trust. -Council approved Janice Burger for Napa -Terms end for current Officers 6/30. | -Support letter: Suisun Senior Center. -Council approved Equity Project. - <i>AgeWell</i> articles due 06/15. | -Volunteer section added to website. |
| JULY | -Officers begin terms. -Welcome Napa member Janice Burger. -Council approved Fern Yaffa for Napa. -Share the Care update by Donna Altes. | -Quarterly Report communicated. - <i>AgeWell</i> published mid month. -Support letters: SB515 and AB911 (LTSS) -Draft By Laws reviewed with Council. | -FY21-22 provider contracts begin. -Introduction of Playbook for localizing the Master Plan. -Added volunteer page, and COAD logos/links to the website. |
| AUGUST | -Alzheimer's Association provider update by Cheryl Johnson. -Welcome proposed member: Fern Yaffa. | -Revised By Laws reviewed with Council. | -Preparing for CDA Monitoring visit of Napa Ombudsman program, SNAP-Ed/CalFresh Healthy Living. -Planning for localizing Master Plan |
| SEPTEMBER Fall Prevention | -9/7 Speaker Stella Wu Chu, Nutritionist. -9/25 Napa ACOA and Rianda House Alzheimer's team walks. | -Approved revised By Laws. -Letter urging mask mandates for Solano. -Sept 15 <i>AgeWell</i> articles due. | -Working with counties on next steps for Master Plan Playbook. |
| OCTOBER Emergency Preparedness | - Overview of AAA Service Providers -Approved virtual meeting in November. -Approved cancelling December meeting. -10/6 Solano Alzheimer's team walk. | -Quarterly Report. -Second edition of <i>AgeWell</i> published. | -Researching Hub-and-Spoke model of care. -Approval of (date) Council ByLaws |
| NOVEMBER Family Caregiver | | -Implement (date) Council ByLaws. | |
| DECEMBER | -December meeting cancelled. | -Dec 15 <i>AgeWell</i> articles due. | |