



MEALS on WHEELS
SOLANO COUNTY



Senior & Caregiver Resource Guide

2023



senior connect

(800) 788-5114

(707) 297-3782

www.myseniorconnect.org

95 Marina Center, Suisun City, CA 94585

This Guide has been developed to help older individuals, individuals with disabilities, and caregivers find needed services. We have tried to include the basic resources available, along with where to call for additional support.

The purpose of this Guide is to start your search. Listings of services in this directory does not constitute an endorsement. Some of the resources are free of charge, some have fees based on income, and some even charge set fees.

We were not able to list all resources in this Guide due to space limitations. If you need something that is not listed, or if you have questions about a service, please call the Senior Connect information and assistance line, or visit www.aaans.org for more services/resources.

At the time of printing, entries were current. Please be aware that changes may occur.

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ABUSE & NEGLECT

Adult Protective Services (APS) (707) 784-8259

www.co.solano.ca.us/depts/hss/odas/adult_protective_services.asp

Confidential support and information.

Community Care Licensing (CCL) (707) 588-5026

www.ccl.dss.ca.gov/carefacilitysearch/

Licensing agency for Adult Residential and Day Care, Elderly Assisted Living & Home Care Organizations

Family Justice Center (707) 784-7635

www.solanocounty.com/depts/fvp/fjc/default.asp

Referral for domestic violence services, homeless outreach, immigration, counseling, crisis intervention and restraining orders.

National Suicide Prevention - 1 in 6 (800) 273-8255

www.1in6.org/

Information and services for men with histories of sexual abuse.

Public Guardian/Public Administrator (707) 784-8920

www.solanocounty.com/depts/hss/odas/public_guardian_.asp

Fiduciary assistance for low -income seniors.

Solano Senior Fraud Prevention Center (707) 784-8920

www.solanoscamcenter.org

Fraud prevention information for seniors in Solano County.

ADULT DAY PROGRAMS

AdultDayCare.org

(866) 333-6002

www.adultdaycare.org

A nationwide directory of over 4,500 facilities.

Adult Day Health Care

(707) 642-6811

www.solanocbas.com

Full range of health care, social, and recreational services in a licensed day program.

Fairfield Senior Day Program

(707) 428-7654

www.fairfield.ca.gov/government/city-departments/parks-and-recreation/adult-programs

Adult day program for seniors.

NorthBay Adult Day Center

(888) 922-9922

www.northbay.org/services/alzheimers-services/Adult-Day-Center.cfm

Respite for caregivers and activities for those with memory loss disorders.



ADVOCACY & ADVISORY

AARP California

(866) 448-3614

www.aarp.org/states

Membership group advocating for seniors.

ADA.gov

(800) 514-0301

www.ada.gov

Information about the Americans with Disabilities Act.

Advisory Council on Aging

(707) 784-8960

www.aaans.org

Advocate for local senior issues.

Advocates Against DV in the African American Community (AADVAC)

(707) 999-1632

www.aadvac.org

Advocacy against domestic violence within the African-American community.

American Heart Association

(800) 242-8721

www.heart.org

Heart disease information.

American Parkinson's Disease Association

(800) 242-8721

www.apdaparkinson.org

Parkinson's disease information.

ADVOCACY & ADVISORY

Better Business Bureau (BBB)

(866) 411-2221

www.bbb.org

Consumer information hotline.

California Advocates for Nursing Home Reform

(800) 474-1116

www.canhr.org

Long term care justice and advocacy.

California Council of the Blind (CCB)

(707) 784-8960

www.ccbnet.org

Advocacy for visually impaired.

Deaf Counseling, Advocacy and Referral Agency

(510) 343-6670

www.dcara.org

Provider of services to the deaf and hard of hearing people of the San Francisco Bay Area.

Disability Rights California

(916) 504-5800

www.disabilityrightsca.org

Disability advocates.

Empowered Aging

(707) 644-4194

www.empoweredaging.org

Ombudsman services for seniors.

ADVOCACY & ADVISORY

Parkinson's Foundation

(800) 473-4636

www.parkinson.org

Resource for those disabled by Parkinson's disease.

**United Cerebral Palsy of the
North Bay**

(707) 584-5859

www.upcnb.org

Resource for disabled.

Vibe Solano

(707) 784-8637

www.vibesolano.com/be-informed/managing-chronic-disease

Advocacy for healthy communities.



AGING & DISABILITY

ARC Solano

(707) 552-2935

www.thearcsolano.org

Developmentally disabled services for seniors.

California Disability Access Information

(916) 558-5755

www.dor.ca.gov/DisabilityAccessInfo/Index.html

Disability rights information.

California Senior Gateway

211

www.seniors.ca.gov

Senior resource website.

Canine Companions for Independence

(800) 572-2275

www.cci.org

Assistance dogs.

Disability Rights California

(916) 504-5800

www.disabilityrightscalifornia.org

Disability advocates.

Independent Living Resources of Solano

(925) 363-7293

www.ilrsc.org

Free resources for adults with disabilities.

Institute on Aging

(415) 750-4111

www.ioaging.org

Disability advocacy.

AGING & DISABILITY

Napa/Solano Area Agency on Aging

(707) 784-8960

www.aaans.org

Resource for local senior issues.

Library Service for the Blind (NLS)

(888) 657-7323

www.loc.gov/nls

Free braille and talking book library.

Public Guardian/Public Administrator

(707) 784-8920

www.solanocounty.com/depts/hss/odas/public_guardian_.asp

Fiduciary assistance for low-income seniors.



CAREGIVER INFORMATION

Bay Respite Care

(707) 644-4491

www.bayrespitecare.org

Non-medical in-home respite care.

Caregiver Action Network

(202) 454-3970

www.caregiveraction.org

Family caregiver support.

IHSS Public Authority Registry

(707) 784-8259

www.solanocounty.com/depts/hss/public_authority/default.asp

Caregiver assistance for low-income seniors.

National Alliance for Caregiving

(301) 718-8444

www.caregiving.org

Resources for family caregivers.

National Respite Network & Resource Center

(360) 769-7176

www.archrespite.org

Information and referral, counseling, support, and respite care for families and caregivers

Redwood Caregiver Resource Center (RCRC)

(800) 834-1636

www.redwoodcrc.org

Information and referral, counseling, support, and respite care for families and caregivers.

DEMENTIA & ALZHEIMERS

Alzheimer's Association

(707) 573-1210

www.alz.org/norcal?set=1

Education and resources for Alzheimer's.

Alzheimer's Support

(707) 646-7971

www.northbay.org

Education and resources for Alzheimer's.

Kaiser Memory & Aging Center

(707) 651-2474

thrive.kaiserpermanente.org/care-near-you/northern-california/napasolano/

Family caregiver support.

DISASTER ASSISTANCE

Alert Solano (Office of Emergency Services)

(707) 784-1600

www.solanocounty.com/depts/oes/alertsolano/information.asp

Local emergency alert system.

American Red Cross Solano County

(800) 733-2767

www.redcross.org

Disaster relief and preparation.

EDUCATION & RECREATION

Adult Education

(707) 421-4155

www.solanoadulted.org

Education resources.

Benicia Parks & Community Services

(707) 746-4285

www.ci.benicia.ca.us/pcs

Recreation activities.

Bookshare

(650) 644-3400

www.bookshare.org

An online library for people with reading disabilities.

Choice in Aging

(707) 708-0582

www.choiceinaging.org/about-our-programs/

Free suicide prevention education & mental health/aging workshops.

Innovative Health Solutions

(707) 205-5572

www.innovative-health-solutions.org

Free nutrition and exercise classes.

KROC Center

(707) 439-7880

www.gokroc.org

Gym, pool, exercise classes, fitness equipment and a health and wellness center.

Solano Community College

(707) 864-7000

www.solano.edu/index.pho

Two-year college.

EDUCATION & RECREATION

Sustainable Solano

(805) 512-0901

www.sustainablesolano.org

Community gardens and resources.

EMPLOYMENT & VOLUNTEER

**California Department of
Rehabilitation**

(707) 253-4924

<http://www.dor.ca.gov>

Employment support for disabled.

**Center for Volunteer & Nonprofit
Leadership (CVNL)**

(707) 252-6222

www.ci.benicia.ca.us/pcs

Connects individuals to volunteer opportunities.

Faith in Action

(707) 425-6164

www.faithinactionsolano.org

Reassurance and case management for seniors.

**Workforce Development Board
of Solano County**

(707) 863-3500

www.solanoemployment.org/adult-programs

Employment support for adults.

END OF LIFE CARE

Continuum Care Hospice

www.continuumhospice.com

Hospice services.

(510) 560-2012

Hospice Foundation of America

www.hospicefoundation.org

End-of-life information.

(800) 854-3402

Neptune Society of Northern CA

www.neptunesociety.com

Low-cost cremation services for low-income seniors.

(707) 422-4900

NorthBay Hospice & Bereavement

www.northbay.org/services/hospice-bereavement/index.cfm

Home care and family counseling.

(707) 646-3517

FINANCIAL & EXPENSE

Assurance Wireless

www.assurancewireless.com

Low-income, low-cost phone services.

(888) 321-5880

AT&T Access

www.att.com/shop/internet/access/#!/

Home internet to limited income households.

(855) 220-5211

FINANCIAL & EXPENSE

Benicia Community Action Council (707) 745-0900

www.bencac.com

Financial assistance to low-income residents.

Catholic Charities of Yolo-Solano (707) 644-8909

www.ccyoso.org

Low-income support services.

Comcast Internet (855) 846-8376

www.internetessentials.com

Discounted internet services for low-income seniors.

Community Action NorthBay (707) 427-1148

www.canbinc.org

Housing and safety net services for low-income seniors.

**Community Action Partnership
(CAP Solano)** (800) 514-0301

www.capsolanojpa.org

Housing and safety net referral services for low-income seniors.

California Lifeline (877) 858-7463

www.californialifeline.com

Discounted phone services to households that qualify.

Low Cost Auto Insurance Program (866) 602-8861

www.mylowcostauto.com/get-started/program-overview

A state-sponsored program that makes auto insurance affordable.

FINANCIAL & EXPENSE

Low Income Energy Assistance Program (LIHEAP)

(866) 674-6327

www.benefits.gov/benefit/623

Energy assistance and repairs for low-income households.

Medi-Cal, CalWORKs & CalFresh Benefits Assistance

(800) 400-6001

www.solanocounty.com/depts/hss/ees/

Application assistance.

PG&E: California Alternative Rates for Energy (CARE)

(866) 743-2273

www.pge.com/en_US/residential/save-energy-money/help-paying-your-bill/longer-term-assistance/care/care.page

Energy discount for low-income households.

PG&E: Family Electric Rate Assistance (FERA)

(877) 660-6789

www.pge.com/en_US/residential/save-energy-money/help-paying-your-bill/longer-term-assistance/care/care.page

Energy discount for low-income households.

PG&E: Medical Baseline

(800) 743-5000

www.pge.com/medicalbaseline/

Financial assistance for those with medical conditions.

SafelinkWireless

(800) 723-3546

www.safelinkwireless.com

Low-income, low-cost phone services.

FINANCIAL & EXPENSE

Senior Emergency Financial Assistance (707) 746-4352

Financial assistance for those with medical conditions.

Society of Saint Vincent de Paul (707) 421-5488

www.olmcfairfield.org/st-vincent-de-paul-society

Assists with food, shelter, utilities, and other urgent requests.

Telephone Access Program (800) 806-1191

www.californiaphones.org

Telephone service for Californians who have difficulty using the phone.

FOOD & MEALS

CalFresh/SNAP (877) 847-3663

www.solanocounty.com/depts/hss/ees/default.asp

CalFresh or Supplemental Nutrition Assistance Program.

Food Bank (707) 421-9777

www.foodbankccs.org

Food distribution for low-income families.

Meals on Wheels (707) 425-0638

www.mealsonwheelssolano.org

Delivers meals to homebound seniors.

HEALTHCARE

David Grant USAF Medical Center (800) 254-3462

www.airforcemedicine.af.mil/MTF/Travis/

Emergency, urgent care and pharmacy services.

Dental Clinics (800) 474-1116

http://www.solanocounty.com/depts/ph/fhs/locations_and_hours/fairfield_dental_care.asp

Emergency dental services and referrals for low-income adults.

Kaiser Fairfield Medical Offices (707) 427-4000

www.healthy.kaiserpermanente.org

Urgent and routine medical care and pharmacy services.

Kaiser Permanente Vacaville Medical Center (707) 624-4000

www.healthy.kaiserpermanente.org/northern-california

Emergency, urgent care and pharmacy services.

Kaiser Permanente Vallejo Medical Center (707) 651-1000

www.healthy.kaiserpermanente.org/northern-california

Emergency, urgent care and pharmacy services.



HEALTHCARE

La Clinica North Vallejo

(707) 641-1900

www.laclinica.org

Urgent and routine medical care.

La Clinica Vallejo

(707) 556-8100

www.laclinica.org

Urgent and routine medical care.

Dental Clinics of Solano County

(707) 558-2000

www.laclinica.org

Dental care.

Medic Ambulance

(707) 644-1761

www.medicambulance.net

Ambulance services.

Medi-Cal Dental Program

(800) 322-6384

www.smilecalifornia.org

Medi-Cal dental program.

Mobile Medical Clinics

(707) 784-2120

www.solanocounty.com/depts/ph/fhs/default.asp

Primary and urgent-care services for low income seniors.

NorthBay Medical Center

(707) 646-5000

www.northbay.org

Emergency, urgent care and pharmacy services.

OLE Health Dental Services

(707) 258-6128

www.olehealth.org

Dental providers.

HEALTHCARE

OLE Health: Fairfield

(707) 419-8989

www.olehealth.org

Fairfield urgent care.

Sutter Solano Medical Center

(707) 554-4444

www.suttersolano.org

Emergency, urgent care and pharmacy services.

VA Northern CA Health Care System

(800) 382-8387

www.northerncalifornia.va.gov

Health care delivery system for veterans.



HEALTH INSURANCE

Covered California

(800) 300-1506

www.coveredca.com

Health insurance marketplace for California residents.

Medicare

(800)-772-1213

www.medicare.gov

Federal healthcare program.

HICAP

(800) 434-0222

www.cahealthadvocates.org/hicap

Free Medicare assistance.

IN-HOME SERVICES

Choice in Aging: Multipurpose Senior Services Program (MSSP) (707) 708-0571

www.choiceinaging.org/multipurpose-senior-services-program-mssp/

In-home care for low-income seniors.

IHSS Caregiver Connect (707) 784-8200

www.facebook.com/SolanoPublicAuthority/

Information and resources for caregivers.

Redwood Caregiver Resource Center (800) 834-1636

www.redwoodcrc.org

Respite care.

HOTLINES

Adult Protective Services (APS) (707) 784-8259

www.co.solano.ca.us/depts/hss/odas/adult_protective_services.asp

Confidential support and information.

Alzheimer's Association 24/7 Helpline (800) 272-3900

www.alz.org/help-support/resources/helpline

Confidential support and information.

California Poison Control System (800) 222-1222

www.calpoison.org

Treatment advice and referrals from poisoning.

HOTLINES

Domestic Violence & Sexual Abuse 24 Hours Hotline

(800) 799-7233

www.thehotline.org

Confidential support and information.

LGBT National Talkline

(888) 234-7243

www.lgbthotline.org

LGBT national senior hotline.

Lifeline for Deaf and Hard of Hearing National Suicide Prevention Hotline/Veterans Crisis Line

(800) 799-4889

(800) 799-4889

www.veteranscrisisline.net

Connects veterans, their family and friends in crisis.

Suicide & Crisis Lifeline

988

988lifeline.org

Confidential support and information.

The Trans Lifeline

(877) 565-8860

www.translifeline.org

Provides a peer support hotline run by and for trans people.



HOUSING & HOMELESS

Accessible Resources for the Community's Homeless (ARCH)

(707) 784-8320

www.solanocounty.com/documents/Housing.pdf

Outreach for homeless and uninsured residents.

Benicia Housing Authority

(707) 745-2071

www.ci.benicia.ca.us

Public housing agency.

California Housing Finance Agency

(877) 922-5432

www.calhfa.ca.gov

Housing assistance for low-income people.

California Human Development

(707) 678-3266

www.californiahumandevlopment.org

Housing assistance for low-income people.

Community Action - NorthBay

(707) 427-1148

www.canbsolano.org

Shelter, transitional, and permanent housing assistance.

Christian Help Center

(707) 553-8192

www.christianhelpcenter.org

Springboard program for homelessness/housing assistance.

Dixon Housing Authority

(707)-678-9157

www.ych.ca.gov/links_more/office_links.php

A public housing agency.

HOUSING & HOMELESS

Department of Housing and Community Development

www.solanonapahabitat.org

Housing assistance.

(800) 952-8356

Habitat for Humanity

www.ioaging.org

Affordable home construction.

(707) 422-1948

HUD: Fair Housing Laws and Complaints

www.hud.gov/fairhousing

Housing discrimination hotline.

(800) 669-9777

North Bay Housing Coalition

www.northbayhousing.org

Housing supports for seniors with disabilities.

(707) 289-7000

Opportunity House

opportunityhouse.us

Housing and shelter services.

(707) 451-4874

Resource Connect Solano

www.resourceconnectsolano.org

Housing resources.

(707) 652-7311

Section 8 Housing - Fairfield

www.fairfield.ca.gov/gov/depts/cd/authority.asp

A public housing agency.

(707) 428-7392

HOUSING & HOMELESS

Section 8 Housing - Vacaville

(707) 449-5675

www.ci.vacaville.ca.us/departments/housing/housing-authorities-section-8/vacaville-housing-authority

A public housing agency.

Section 8 Housing - Vallejo

(707) 648-4507

www.ci.vallejo.ca.us/city_hall/city_government/vallejo_housing_authority

A public housing agency.

Shelter Solano

(707) 425-3663

www.shelterinc.org/programs/shelter-solano

Emergency shelter for mentally ill homeless adults and adults with substance use disorders

Solano Affordable Housing Foundation (707) 422-5919

www.solanohousing.org

A public housing agency.

Solano County Housing Authority

(707) 449-5675

www.ci.vacaville.ca.us/departments/housing

A public housing agency.

Solano Dream Center

(707) 435-3995

www.solanodreamcenter.org

Supportive homeless services geared towards providing shelter, food, and resources to break the barriers to housing.

HOUSING & HOMELESS

Vacaville Housing Authority

(707) 449-5680

www.tinyurl.com/m8pr4k26

A public housing agency.

INFORMATION & ASSISTANCE

211 Solano County

(866) 776-5266

www.211bayarea.org

Health and disaster information, social services, and referrals.

Alert Solano

(707) 784-1600

www.solanocounty.com/depts/oes/alertsolano/information.asp

Local emergency alert system.

Animal Care Services

(707) 784-1356

www.solanocounty.com/animalcare

Solano County animal shelter & clinic.

Bay Area 211 (United Way Bay Area)

211

www.211bayarea.org

Information and referral service.

Benefits.gov

(866) 487-2365

www.benefits.gov

Online resource to help find federal benefits.

INFORMATION & ASSISTANCE

Benicia Family Resource Center

(707) 746-4352

www.ci.benicia.ca.us

Family resources, referrals, and information.

California Department of Aging

(800) 510-2020

www.aging.ca.gov

Information and referral service.

Carquinez Village (Benicia)

(707) 297-2472

www.carquinezvillage.org

Information and referral service.

Consumer Affairs Cemetery and Funeral Bureau

(916) 574-7870

www.cfb.ca.gov

Licenses funeral agencies and publishes consumer guides.

Disability Services and Legal Center

(707) 258-0270

www.mydslc.org

Legal assistance for disability services.



INFORMATION & ASSISTANCE

Employment Development Dept. (EDD) (866) 333-4606

www.edd.ca.gov

Benefits enrollment.

Franchise Tax Board

(800) 852-5711

www.ftb.ca.gov

State tax agency.

**Hearing Loss Association of
America (HLAA)**

(301) 657-2249

www.hearinglossca.org

Hearing loss information and assistance.

Internal Revenue Services (IRS)

(800) 829-1040

www.irs.gov

Federal income and business taxes agency.

Jameson Animal Rescue Ranch

(707) 322-4563

www.jamesonanimalrescueranch.org

Low-cost animal services and fostering programs.

**Low Income Home Energy Assistance
Program (LIHEAP) (707) 422-3200**

www.acf.hhs.gov/ocs/programs/liheap

Federal program assisting in managing home energy bills.

INFORMATION & ASSISTANCE

Macular Degeneration Partnership (888) 430-9898

www.amd.org

Information, resources, and personal support.

Mobile Home Ombudsman (800) 952-5275

[http://www.hcd.ca.gov/manufactured-mobile-home/
mobile-home-ombudsman/index.shtml](http://www.hcd.ca.gov/manufactured-mobile-home/mobile-home-ombudsman/index.shtml)

Advocates for residents of modile/manufactured homes.

National Stroke Association (800) 787-6537

www.stroke.org

Stroke education and programs.

Pets Assisting the Wellbeing of Seniors (PAWS) Program (888) 430-9898

www.amd.org

Information, resources, and personal support.

Poison Control (800) 222-1222

www.calpoison.org

Poison expertise and treatment advice.

Prevention & Early Access for Seniors (PEAS) (707) 708-0582

www.choiceinaging.org/about-our-programs/

Program aimed at improving quality of life for seniors.

INFORMATION & ASSISTANCE

Public Health

(707) 784-8600

www.solanocounty.com/publichealth

Tools and resources to maintain health.

Redwood Caregiver Resource Center

(800) 834-1636

www.redwoodcrc.org

Information and referral service.

SAGE

(877) 360-5428

www.sageusa.org

Resources for lesbian, gay, bisexual, and transgender (LGBT) older adults

Senior Connect

(707) 297-3782

www.myseniorconnect.org

Information and referral service.

Social Security Offices

(800) 772-1213

www.ssa.gov

Federal safety net.

Solano Cares

(707) 784-8259

www.solanocares.org

Information and assistance directory for Solano County seniors.

SPCA Solano

(707) 448-7722

www.solanospca.com

Animal care, shelter, and services in Solano County.

LEGAL SERVICES

Bay Area Legal Aid

(707) 259-0579

www.baylegal.org

Legal services to low-income clients.

California Tribal Legal Services

(800) 829-0284

www.chp.ca.gov/home

Legal services for native and indigenous communities.

California Highway Patrol

(800) 835-5247

www.calindian.org

State law enforcement.

Centro Legal de la Raza

(510) 437-1554

www.centrolegal.org/our-work/immigration-program

Legal services to immigrant, low-income and Latino communities.

Disability Rights California

(916) 504-5800

www.disabilityrightsca.org

Disability rights assistance.

Disability Services and Legal Center

(707) 258-0270

www.mydslc.org

Services for persons with disabilities.

District Attorney

(707) 784-6800

www.co.solano.ca.us/depts/da/default.asp

Investigates alleged crimes.

Fair Housing Advocates of Northern CA **(415) 457-5025**

www.fairhousingnorcal.org

Fair housing services and mortgage foreclosure prevention.

LEGAL SERVICES

Legal Services Of Northern California (707) 643-0054

www.lsn.net

Legal services to low-income clients.

Solano Bar Assoc. Lawyer Referral (707) 646-3517

www.solanobar.org/lawyer-referral-service

Lawyer referral service.

Solano Family Justice Services (707) 784-7635

www.solanofamilyjustice.org

Legal services, outreach, intervention, and counseling.

LONG-TERM CARE

Community Care Licensing (CCL) (707) 588-5026

www.ccl.dss.ca.gov/carefacilitysearch

Licensing agency for residential/day care and assisted living.

LongTermCare.gov (202) 401-4634

www.longtermcare.acl.gov

Information about long-term care.

Empowered Aging (707) 644-4194

www.empoweredaging.org

Ombudsman services for seniors.

State of CA Dept. of Public Health (916) 558-1784

www.cdph.ca.gov/Programs/CHCQ/LCP/Pages/PatientsResidentsFamily.aspx

Licensing agency for skilled nursing facilities.

MEDICAL EQUIP. & ACCESS

All Medical Supply & Equipment

(866) 514-9967

www.allmedical-supplies.com

Medical equipment service that accepts Medi-Cal.

California Telephone Access

(800) 806-1191

www.californiaphones.org/phones.org

Phone equipment for deaf and disabled persons.

Jackson Medical Supply

(707) 644-4170

www.jacksonmedicalsupply.com

Medical supply store.

Lifeline Medical Alarm Service

(800) 949-2434

www.connectamericawest.com

Medical alert system.

MedicAlert

(800) 432-5378

www.medicalert.org

Medical alert equipment.

R&F Home Medical Equipment & Supplies

(707) 426-1770

www.tinyurl.com/2p8puu45

Durable medical equipment and supplies for Medicare recipients.

Vital Link

(800) 752-5522

www.hospicefoundation.org

End-of-life information.

MENTAL HEALTH & ADDICTIONS

Archway Recovery Services

(707) 654-8875

www.bayareacs.org

Acute crisis aftercare and residential services.

Bay Area Community Services (BACS)

(707) 654-8875

www.bayareacs.org

Acute crisis aftercare and residential services.

Beacon Health Options

(800) 228-1286

www.beaconhealthoptions.com

Mental health services.

Behavioral Health

(707) 428-1131

www.solanocounty.com/depts/mhs/default.asp

Behavioral health referral service.

Caminar

(800) 648-8121

www.caminar.org/solano

Behavioral health services.

NAMI Solano

(707) 438-9510

www.namisolanocounty.org

Mental health resources and support.

NorthBay Regional Center

(707) 256-1100

www.nbrc.net

Services for adults with developmental and intellectual disabilities.

MENTAL HEALTH & ADDICTIONS

Choice in Aging

(707) 708-0582

www.choiceinaging.org/about-our-programs/

Free short term mental health counseling.

Solano Behavior Health Access Line Substance Abuse Services

(800) 547-0495

(707) 784-2220

www.solanocounty.com/depts/hss/sas/default.asp

Substance abuse services and referrals.



COMMUNITY CENTERS

Benicia Public Library

(707) 746-4343

www.benicialibrary.org

Public library.

Benicia Senior Center

(707) 745-1202

www.ci.benicia.ca.us/seniorcenter

Senior center.

Dixon Library

(707) 678-5447

www.dixonlibrary.com

Public library.

Dixon Senior/Multi Use Center

(707) 678-7022

www.ci.dixon.ca.us/index.aspx?NID=233

Senior center.

Fairfield Adult Recreation Center

(707) 428-7421

www.fairfield.ca.gov

Senior center.

Fairfield Civic Center Library

(866) 572-7587

www.solanolibrary.com/Home

Public library.

Florence Douglas Center - Vallejo

(707) 643-1044

www.florencedouglasseniorcenter.org

Senior Center.

COMMUNITY CENTERS

McBride Senior Center - Vacaville (707) 469-6660

www.facebook.com/mcbrideseniorcenter

Senior center.

Rio Vista Library (866) 572-7587

www.solanolibrary.com/rio-vista

Public library.

Rio Vista Senior Center (707) 374-3349

www.riovistaseniorcenter.com

Senior center.

Solano County Library (866) 572-7587

www.solanolibrary.com

Public library.

Suisun City Library (866) 572-7587

www.solanolibrary.com/suisun

Public library.

Suisun City Senior Center (707) 421-7200

www.suisun.com/departments/suisunrpm/senior-center

Senior center.

Vacaville Public Library: Town Square Place (866) 572-7587

www.solanolibrary.com

Public library.

COMMUNITY CENTERS

Vacaville Public Library: Ulatis

(866) 572-7587

www.solanolibrary.com/vacaville-cultural-center

Public library and cultural center.

Vallejo Public Library: Springstowne

(866) 572-7587

www.solanolibrary.com/springstowne

Public library.

Vallejo John F Kennedy Library

(866) 572-7587

www.solanolibrary.com/john-f-kennedy

Public library.



SUPPORT & COUNSELING

Al-Anon

(888) 425-2666

www.al-anon.org

Support for relatives and friends of alcoholics.

Alcoholics Anonymous

(707) 745-8822

www.aasolanonorth.org

Support group for people recovering from alcoholism.

Choice in Aging

(707) 708-0582

www.choiceinaging.org/about-our-programs/

Free suicide prevention education & mental health/aging workshops.

Compassionate Friends

(877) 969-0010

www.compassionatefriends.org/chapter-solano-county-chapter

Supporting families after a child dies.

Empowered Aging

(707) 644-4194

www.empoweredaging.org

Ombudsman services for seniors.

Faith in Action

(707) 425-6164

www.faithinactionsolano.org

Reassurance and case management for seniors.

Family Caregiver Alliance

(800) 445-8106

www.caregiver.org/support-groups

Caregiver support

SUPPORT & COUNSELING

Food Addicts in Recovery Anonymous (781) 932-6300

www.foodaddicts.org

Food addiction recovery program.

Friendship Line: Institute on Aging (800) 971-0016

www.ioaging.org/services/all-inclusive-health-care/friendship-line

Telephone reassurance line.

Gamblers Anonymous (626) 960-3500

www.gamblersanonymous.org/ga/locations

Support group for gambling addiction.

Gay, Lesbian, Bisexual, Transgender National Help Center (888) 843-4564

www.glbthotline.org/national-hotline

Support services for LGBTQ persons.

Kaiser Bereavement Support Group (707) 645-2730

www.nhpco.org/providers/kaiser-permanente-hospice/

Support group for those who have lost a loved one.

Narcotics Anonymous (866) 642-3848

www.napasolanona.org

Support group for substance abuse recovery.

NorthBay Healthcare Caregiver Support Group (800) 445-8106

www.caregiver.org/support-groups

Caregiver support.

SUPPORT & COUNSELING

Overeaters Anonymous

(707) 255-5524

www.aa.org/find-a-meeting

Support group for people recovering from overeating.

Solano Pride Center

(707) 207-3430

www.solanopride.org

Information, resources, activities, education, support, and counseling for LGBTQIA+ people.

Vacaville Alzheimer's Support Group

(707) 624-7970

www.northbay.org/services/alzheimers-services/Adult-Day-Center.cfm

Alzheimer's support group for anyone involved in caring for a loved one with a dementiarelated illness,

Vallejo Gay Network

(415) 786-8157

www.facebook.com/VallejoGayNetwork

Social interaction and support for LGBTQIA+ people.

Well Connected

(877) 797-7299

www.covia.org/services/well-connected

Telephone support and classes for seniors.



TRANSPORTATION

American Cancer Society: Road to Recovery (800) 227-2345

<https://www.cancer.org/treatment/support-programs-and-services/road-to-recovery.html>

Transportation to and from cancer treatment.

Amtrak (877) 974-3322

www.amtrak.com

Intra- and Interstate train service.

BART (510) 465-2278

www.bart.gov

Light rail transportation and links to its service.

California Senior Driver (800) 777-0133

www.dmv.ca.gov/portal/dmv/detail/about/senior/senior_top

Helps seniors tune up their driving skills.

Department Of Motor Vehicles (800) 777-0133

www.dmv.ca.gov

Registration and licensing of motor vehicles.

Faith in Action (707) 469-6668

www.faithinactionsolano.org

Volunteer transportation services for seniors.

Greyhound Bus Line (214) 849-8966

www.greyhound.com

Intra- and Interstate bus service.

TRANSPORTATION

Murphy Medical Transport

(707) 425-0100

www.murphymedicaltransport.com

Private transportation service for persons in wheelchairs or gurneys.

Older Adults Medical Trip Concierge

(800) 535-6883

www.solanomobility.org/program/solano-older-adults-medical-trip-concierge-service/

Medical transportation provided by Solano Mobility Center.

Rio Vista Delta Breeze

(707) 374-2878

www.riovistacity.com/transit

Transportation system for Rio Vista.

Solano Mobility Call Center

(800) 535-6883

www.solanomobility.org

Transportation call center and education.

Solano Transit Authority

(707) 424-6075

www.sta.ca.gov

Local transportation agency in Solano County.

Suisun Microtransit

(707) 673-2129

www.sta.ca.gov

Door-to-door inter-city transit.

Wheelchair Getaways: Accessible Van Rentals

(877) 275-4915

www.wheelchairgetaways.com

Wheelchair accessible van rentals.

VETERANS SERVICES

American Veterans (AMVETS) (301) 459-9600

www.amvets.org

Membership organization of veterans serving veterans.

CA Department of Veterans Affairs (800) 952-5626

www.calvet.ca.gov

Assistance to California veterans and their families.

Rebuilding Together Solano County (707) 580-9360

www.rebuildingtogethersolanocounty.org

Veteran home rehabilitation program.

US Department of Veterans Affairs (844) 698-2311

www.va.gov

Health care, benefits, and access to military cemeteries.

VA Health Care System: Northern CA (855) 771-9321

www.northerncalifornia.va.gov/locations/Mare_Island_OPC.asp

Health care for Northern California veterans.

VA Health Care System: San Francisco (877) 487-2838

www.va.gov/homeless/hud-vash.asp

Veterans housing benefits.

VA Supportive Housing (HUD-VASH) (877) 424-3838

www.va.gov/homeless/hud-vash.asp

Veterans housing benefits.

VETERANS SERVICES

VA/DoD eBenefits

(800) 983-0937

www.ebenefits.va.gov/ebenefits/homepage

Link to clinical benefits.

Veterans Affairs

(707) 784-6590

www.solanocounty.com/depts/veterans/

Counseling and assistance to veterans, their dependents, and survivors.

Veterans Health Administration

(800) 827-1000

www.va.gov/health

Federal healthcare program for veterans.

Veterans Home of CA: Yountville

(844) 698-2311

www.calvet.ca.gov/VetHomes/Pages/Yountville.aspx

Residential center for California veterans.

Veterans Service Records

(866) 272-6272

www.archives.gov/veterans

Repository of military records.



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NAPA/SOLANO AREA AGENCY ON AGING



ASSISTANCE - ADVOCACY - ANSWERS

