

NAPA/SOLANO AREA AGENCY ON AGING



ASSISTANCE - ADVOCACY - ANSWERS



Advisory Council on Aging

AGENDA

**ACOA Advisory Council Virtual Meeting
June 1, 2021 - 10:00 AM Pacific Time**

Join Zoom Meeting:

<https://us02web.zoom.us/j/81908916599>

Meeting ID: 819 0891 6599

Phone: 669/900-9128

NAPA/SOLANO AREA AGENCY ON AGING MEETING PROTOCOL IN RESPONSE TO CORONAVIRUS COVID 19

California Governor Gavin Newsom issued Executive Order N-25-20 on March 12, 2020, relating to the convening of public meetings in light of the COVID-19 pandemic. The Napa/Solano Area Agency on Aging hereby provides notice that it will continue to convene its regularly scheduled public meetings of the Oversight Board and the Advisory Council telephonically, as provided in the publicly posted agenda notice, and until further notice. Pursuant to the Executive Order, and to maintain the orderly conduct of the meeting, the Napa/Solano Area Agency on Aging will allow Board members and Council members to attend the meetings telephonically and to participate in the meetings to the same extent as if they were present.

Members of the public who wish to participate may participate telephonically. For members of the public who wish to participate but not to attend telephonically, you may submit written comments on any matter within the Board or Council's subject matter jurisdiction, regardless of whether it is on the agenda for Board or Council consideration or action, and those comments will be entered into the administrative record of the meeting. To submit written comments by U.S. Mail or email for inclusion in the meeting record, they must be received by the Napa/ Solano Area Agency on Aging staff no later than 9:00 a.m. on the morning prior to the noticed meeting. To submit written comments by email, please forward them to eclark@solanocounty.com. To submit such comments by U.S. Mail, please forward them to:

Elaine Clark
Napa/Solano Area Agency on Aging
275 Beck Avenue
Fairfield, CA 94533

NAPA/SOLANO AREA AGENCY ON AGING



ASSISTANCE - ADVOCACY - ANSWERS



Advisory Council on Aging

AGENDA
June 1, 2021

CALL TO ORER – 10:00 a.m.

ROLL CALL

COMMENTS FROM THE PUBLIC

This is your opportunity to address the Advisory Council on a matter not listed on the Agenda, but it must be within the subject matter jurisdiction of the ACOA. Please limit your comments to three minutes. Items from the public will be taken under consideration without discussion by the Advisory Council and may be referred to staff.

APPROVAL OF THE AGENDA

APPROVAL OF THE MAY 4, 2021 MINUTES

MEMBER CHECK-INS - Opportunity for Members to share activities and updates.

GUEST SPEAKER: Cristal Little, Vallejo Housing Justice Coalition

REPORTS

EXECUTIVE COMMITTEE – Richard White

AD HOC NEW MEMBER COMMITTEE – Recommendation of new Napa Representative to Advisory Council

AD HOC BY LAWS COMMITTEE – Verneal Brumfield, Susan Ensey

CURRENT PROJECTS

- **AgeWell** – Cheryl Johnson
- **Advocacy** – Tony Provine
- **Adopt-A-Provider** – Member discussion: What do you want to get out of this program? Is it still important? What should it look like going forward?

STAFF REPORT – Elaine Clark

OLD BUSINESS

- Update on activities to recruit Advisory Council Members to represent Napa County.

NEW BUSINESS

- Quarterly in-person ACOA updates to be presented by Advisory Council Members at Napa and Solano BOS meetings. These updates are limited to 3 minutes and the objective would be to thank the BOS for their support of seniors and to provide information on ACOA activities and achievements: Elaine Clark
- Create team to recommend an equity statement for ACOA.

ADJOURN – 12:00 p.m.

NAPA/SOLANO AREA AGENCY ON AGING



ASSISTANCE - ADVOCACY - ANSWERS



Advisory Council on Aging

DRAFT MINUTES
May 4, 2021

CALL TO ORDER: 10:02 a.m.

PRESENT: Elaine Clark, Program Staff; Richard White, Chair; Dane Reeves, Vice Chair; Susan Ensey, Secretary; Donna Altes; Verneal Brumfield; Jerry Castanon; Donna Harris; Cheryl Johnson; Arnold Koenig; Tony Provine; Julie Spencer. Excused: Mina Diaz. Absent: Brenda Crawford.

Richard White introduced, and the Council welcomed new Member: Jerry Castanon

COMMENTS FROM THE PUBLIC: None

APPROVAL OF THE AGENDA: Approved.

APPROVAL OF THE APRIL 6, 2021 MINUTES: Approved.

REPORTS:

Executive Committee: Richard reported that the Executive Committee discussed initiating the Ad Hoc By Laws Committee to review and propose changes to the By Laws. The Committee also discussed preparation of binders for the new Members.

Ad Hoc By Laws Committee: The following Members have volunteered to be on the Committee: Verneal Brumfield; Jerry Castanon; Susan Ensey; Donna Harris; and Richard White. Verneal and Susan agreed to be Co-Chairs.

Active Projects:

AgeWell:

- Cheryl Johnson reported exciting news: The name is confirmed as *AgeWell – Quality in Aging*. Solano County approved giving access to their large contact list which will result in thousands of people receiving *AgeWell*. Napa County will also be providing access to their contact list. Everyone over 60 years of age will be included into one email list. The first quarterly publication will be in July.
- **ACTION REQUIRED:** Cheryl is calling for each Council Member to step up and submit at least one article by the 15th of the month prior to each quarterly publication. June 15th is the deadline for submissions for the next publication. All articles are to be submitted in a Word doc format. Elaine Clark and Donna Altes explained that the content of each article needs to include and be clear about what it means to me, the reader, and to this community.
- Cheryl asked for volunteers for the team to review and finalize content. Volunteers so far include Donna Altes for proofing and Tony Provine for legislation.

Advocacy: Richard White referred to the detailed spreadsheet of legislation he emailed to all Members on April 8th. Tony Provine reported that the main bills we are tracking are moving forward through the legislative process.

NAPA/SOLANO AREA AGENCY ON AGING



ASSISTANCE - ADVOCACY - ANSWERS



Advisory Council on Aging

Active Projects – Continued

Elder Justice: Members discussed the topic of elder abuse and scams. Elaine Clark explained that a small amount of money is provided for elder abuse prevention in Napa to the Longterm Care Ombudsman service, and in Solano to Legal Services of Northern California. Verneal Brumfield mentioned a webinar she attended on fraud that failed to give examples of what fraud looks like. Arnold Koenig confirmed that there are holes in education about these topics. Elaine Clark explained that there are a number of webinars and resources including through ACL and Nicole Howell's lunch and learn series with Ombudsman Services of Contra Costa, Solano and Alameda. Members recommended that this subject be included in *AgeWell*. Arnold will take the lead in developing an article which will include resources.

STAFF REPORT:

- Elaine Clark reviewed the 2021-2022 Funding Overview and Service Provider funding chart which were included in our Meeting packets. Elaine clarified and answered questions on the details for the funding allocations and the changes.
- Elaine reviewed the highlights on her Staff Report. The Area Plan was submitted on time. Elaine predicts that monitoring The Area Plan is going to be tough. The Solano Board of Supervisors adopted AB98, authored by Jim Frazier, which is designed to create a recycle and reuse pilot program for durable medical equipment in Napa, Solano and Contra Costa Counties.
- Elaine was asked about her promotion to Executive Director and what staffing assistance will be provided for her. Elaine explained the promotion to Executive Director includes retaining her Program Manager responsibilities. Elaine said she will continue to reach out to us and expects our support to continue. One good example of support is the work done by Cheryl Johnson and other Members to create and publish *AgeWell*.

OLD BUSINESS:

- Community outreach for vaccinations in communities of color: Dane Reeves reported that he spoke to Lisa DeRose with CANV Meals on Wheels and they have carried out a number of programs, but not necessarily directed to communities of color. One highlight is the program involving the Fire Department to vaccinate seniors in their homes. Verneal Brumfield mentioned a faith based organization that provided vaccines in Solano. Donna reported on the disappointing results in attempting to get feedback from the two Boards of Supervisors regarding outreach activities.
- Outreach for recruiting three Napa County Advisory Council Members: The ad is posted on Napa County's Website. Donna Altes and Susan Ensey pitched the opportunity on KVON's Senior Moments program. KVON is running a short PSA for one month. Donna encouraged Elaine Clark to move forward with asking the Napa BOS to appoint Napa ACOA Members. The group briefly discussed outreach ideas and contacts and included comments from Julie Spencer.
- The future of in-person versus Zoom meetings was discussed by the Members, including recommendations for future combination meetings, and meetings in our communities. For now, Zoom Meetings will continue because of COVID restrictions.

NEW BUSINESS:

ADJOURNED 12:05 Motion to Adjourn by Donna Altes; Seconded by Verneal Brumfield; Approved

NAPA/SOLANO AREA AGENCY ON AGING



ASSISTANCE - ADVOCACY - ANSWERS



Advisory Council on Aging

EXECUTIVE COMMITTEE AGENDA June 1, 2021 – 12:00–12:30 – Zoom Meeting

CALL TO ORDER 12:00

ROLL CALL

APPROVAL OF JUNE 1 AGENDA, AND MINUTES FROM MAY 4, 2021

**EXECUTIVE REVIEW AND DISCUSSION OF REPORTS AND TOPICS COVERED IN JUNE ACOA MEETING
PLAN AGENDA FOR JULY ACOA MEETING**

OTHER DISCUSSION / ACTION ITEMS

- Which local issues are directly related to the Updated Area Plan and MPA? Example: Vacaville' proposed Lagoon Valley housing project.
- Review New Internal Calendar for FY21-22 (July 2021 through June 2022)
- Future Admin support to strengthen and expand services
- Distribution Lists (*AgeWell*, elected, key stakeholders)
- Have both counties done their best to reach COC with vaccine information?
- In-person meetings: Update

ADJOURN 12:30

EXECUTIVE COMMITTEE MINUTES From May 4, 2021 – Zoom Meeting

CALL TO ORDER: 12:10

ROLL CALL: Richard White, Chair; Dane Reeves, Vice Chair; Susan Ensey, Secretary; Elaine Clark, Staff.

PLANNED AGENDA FOR June 1 2021

- Richard will confirm Cristal Little, Vallejo Housing Justice Coalition, as speaker for June.
- Consider John Lord, Ombudsman in Napa for possible July speaker on Elder Abuse.
- Add brief Member Check-In discussion to the Agenda, at the beginning of each Meeting to give Members an opportunity to share activities and updates.
- Adopt-a-Provider: Include a one-page copy in the next Meeting Packet. Conduct Member discussion: What do you want to get out of this program? Is it still important? What should it look like going forward?

DISCUSSION TOPICS:

- Schedule and provide content for quarterly in-person ACOA updates to be presented at the Napa and Solano BOS meetings. These updates are limited to 3 minutes and the objective would be to thank the BOS for their support of seniors and to provide information on ACOA activities and achievements.
- Richard would like to keep an updated directory of elected officials, legislators and committees. Elaine will explore a resource that may provide us with a current listing.
- Create equity statement for ACOA. Susan volunteered to start by copying and pasting a few examples.

ADJOURNED 12:40

Napa/Solano Area Agency on Aging Service Provider List

Link to Google Doc: <https://docs.google.com/spreadsheets/d/1Q16i2FGuScejpxX1G8hVfQkXp2lqOgJXXABPhgOUxP8/edit?usp=sharing>

Provider	Contact / Phone	ACOA Member	MAY COMMENTS	APRIL COMMENTS
Community Action of Napa Valley	Drene Johnson, Executive Director 707-253-6100	OPEN (Previously Fran Rosenberg)		
Faith in Action	Robert Fuentes, Executive Director 707-425-6164	Richard White	Two older adult events scheduled for May at the McBride Center in Vacaville: Wednesday, May 5, Cinco de Mayo celebration; Saturday, May 8 Mothers day celebration with a Tea Luncheon. Recommended for volunteers and their clients.	
Bay Area Legal Aid	Kristi Lesniewski, Elder Law 707-603-1373	Arnold Koening		
Legal Services of Northern CA	Oliver Ehlinger, Senior Law 707-643-0054	OPEN (Previously Robert Padilla)		
Meals on Wheels Solano	Laurie Hartmann, Executive Director 707-425-0638	OPEN (Previously Deanna DurPont)		
Molly's Angels	Julia Orr, Executive Director 707-224-8885	Susan Ensey		Save the Date announcement published for their Golf Tournament and Silent Auction to be held Friday, September 10 at Eagle Vines Golf Club.
Colliabria Care	Celine Regalia, Executive Director 707-258-9080	Dane Reeves		
Ombuds Services of Contra Costa	Nicole Howell, Executive Director 707-644-4194	Verneal Brumfield		
Ombuds/Molly's	Julia Orr, Executive Director 707-255-4236	OPEN (Previously Brenda Burke)		
Alzheimer's Assoc	Grace Liu, Executive Director 925/284-7942	Cheryl Johnson		
Redwood Caregiver	Nancy Powers Stone, Program Manager 707-542-0282 x101	Tony Provine		
Solano Pride	Jonathan Cook, Executive Director 707-207-3430	Donna Harris		
Innovative Health Solutions	Norma Lisenko, Executive Director 707-205-5572	Julie Spencer		
Share the Care Napa Valley	Yvonne Baginski, Executive Director 707-492-3198	Donna Altes		Share the Care was awarded the new contract for Fall Prevention in Napa County. <ul style="list-style-type: none"> • Karin Morrissey is the Manager and Bob Nations owner of Senior Helpers is helping run the organization. • Bob is on the Board of Share the Care and is allowing the durable medical equipment to be stored at his office and they are renting space for the larger items, like hospital beds. • People should contact Karin if they want to pick up or drop off items. • Share the Care is hosting a meeting at Rolf's Manor to introduce people the Share the Care Services and low-cost home help from Senior Helpers. The meeting will be held in June, when it is safe. • Share the Care is also working closely with Joe Cherry, Napa County Adult Protective Services, to provide assistance for hoarding. Share the Care has a small grant that they can use to clean out homes if older adults are at risk of being evicted due to hoarding.
Senior Advocacy Services	Frank Nelson, HICAP Manager 707-526-4108	Brenda Crawford		
General Information and Assistance Questions	707-253-4248	n/a		

Internal Calendar - Napa / Solano Advisory Council on Aging - FY20-21

Updated 05/18/21

Month	Meetings / Membership	Project & Advocacy Milestones	Key AAA / Contract Activities
JULY	Review of 2020-2024 Area Plan		FY20-21 Provider Contracts begin
AUGUST	8/4 Speaker Patti Prunhuber, Justice in Aging. Subject: Elder Housing Resignation from Linda Chandler, Solano	Elder Justice Committee approved	Elaine Clark presented a Summary of the top 5 Community/AAA Priorities for each county with objectives and goals.
SEPTEMBER Fall Prevention Month	Welcome new Solano Council Members: Tony Provine and Cheryl Johnson 9/1 Speakers Caroline Perry and Elizabeth Hansell. Subject: Proposition 19	Adopt-A-Provider Project Started	CARES Funding recommendations reviewed with Council. Senior Resource Guide for each county published.
OCTOBER Emergency Preparedness	Members received ACOA business cards, cloth brief-cases and materials.	Project structure approved.	CARES funding finalized
NOVEMBER Family Caregiver Month	11/3 Speaker: Nicole Braddock, Solano Land Trust Collabria Care update by Dane Reeves; Alzheimer's Assoc. by Cheryl Johnson		CARES funding available to Providers starting November 1st, expiring September 30th.
DECEMBER	12/1 Speaker: Mark Foster, Napa County. Subject: The Vital Apps Emergency Housing Funding Explained	Motion to support and pursue implementation of The Vitals App.	Agreement approved for the Solano County RX Health Program.
JANUARY	1/5 Speaker: Lauren Rolfe, California Senior Assembly Member. Subject: CSL New Website overview	Approved Project: Advocacy Newsletter and Alerts	New AAA website launch New COVID Relief Bill reviewed
FEBRUARY	2/2 Speaker: Julie Bates: Livable Communities and Livability Index Molly's Angels Update by Susan Ensey	Newsletter and Program Themes Calendar teams activating Calendar themes and topics into the Newsletter. Capital Day February 28	Approved reallocation of PD&C funding; and allocation of additional One-Time-Only and Realignment funding
MARCH March for Meals	Officer Nomination Committee Members approved.	Approved AgeWell for Newsletter name. Advocacy Committee tracking and active with multiple state and Federal Bills.	Start review process for Area Plan and Provider allocations Proposed Budget for 21-22
APRIL	Slate of Officers presented; No nominations from floor; Council voted on Officer appointments: Richard White, Chair; Verneal Brumfield, Vice Chair; Susan Ensey, Acting Secretary. Approved new ACOA Council Members: Mina Diaz and Jerry Castanon. Approved Members Verneal Brumfield, Donna Harris, and Arnold Koeniq to 2nd 2-year terms; Approved 4 Members leaving Council on 4/30.	Presentation and review of updated Area Plan by Elaine Clark. Spreadsheet of Legislative Bills that are being monitored sent to Members.	Update Area Plan: Public Hearing on Area Plan.
MAY Older Americans	Welcome new Council Members representing Solano: Mina Diaz and Jerry Castanon.	Ad Hoc Committee formed to review By Laws.	Present budget and funding for Service Providers to Members.. Area Plan submitted to CDA.
JUNE Gay Pride & Elder Abuse	Terms end for current Officers 6/30		

NAPA/SOLANO
AREA AGENCY ON AGING



ASSISTANCE · ADVOCACY · ANSWERS



Staff Report June 1, 2021

1. CDA (California Department of Aging) Monitoring Update.

The CDA completed their on-site (virtual) monitoring of the N/S AAA. We are awaiting the final report. There were no findings for our fiscal or data operations. The program area will have findings in the following areas: RFP/Contracts, provider documentation for grievance policies and volunteer contribution policies – to include wording specific to the Older Americans Act. When the final report is received within 60 days, the AAA will have 60 days to make the changes and work with providers to update their forms. This is routine and good news as we now have definitive guidance for creating these forms. The monitoring was extremely helpful and will make us a stronger organization. Thank you to Richard White for meeting with the CDA monitor to discuss the ACOA functions.

2. 2021-2022 Provider Contracts.

All contracts have been created and uploaded to the County system for approval and signatures. Contracts will begin July 1.

3. Master Plan PlayBook

Localizing the Master Plan for Aging is a priority for the AAA/ACOA. Instead of multiple organizations in both Napa and Solano County working independently on local priorities, the N/A AAA is taking a lead role in creating an area-wide Playbook strategy. Several people in both counties have agreed to participate and assist. Nicole Howell and Diane Kaljian both agreed to assist in the planning and creation of the process. County Supervisor/Oversight Board Chair Monica Brown offered to assist as needed. Once the strategy and timeline are established, I will ask the ACOA to take an active lead in both Napa and Solano counties.

4. Emergency Kits in Solano County

830 Emergency Kits purchased with Solano County CARES Act funds are beginning to be distributed to seniors with the greatest need. 350 bags will be given to IHSS clients through social workers. The remainder will be given to AAA service providers in Solano who requested bags. Remaining bags may be distributed to low-income senior housing residents.

5. Meetings.

I attended several webinars and meetings this month that may be of interest. Below are highlights taken from my notes. Of particular interest may be the Senior Dine program that we might create as a pilot with new Family Rescue Plan funding, the presentation on senior housing which may serve as a resource in our Area Plan housing focus, and Reopening Senior Center considerations.

NAPA/SOLANO AREA AGENCY ON AGING



ASSISTANCE · ADVOCACY · ANSWERS



CDA Reporting Changes Meeting

To accommodate changes made at the federal and state level, CDA announced changes to the client intake and reporting process that will affect all service providers. The changes are generally minor and have been incorporated into the electronic data collection process. Providers were notified and they've made changes to their intake forms.

NANASP (National Association of Nutrition and Aging Services Programs) Conference

- 82% of people over 65 are vaccinated
- Took 9 months for CARES to the next funding allocation American Rescue Plan – and we still don't have the \$. Money was allocated to the states in early May.
- New funding will be good through 9/2024
- Requested \$1.9 billion in nutrition funding in new budget – double current appropriation, over 100 members signed letter requesting, bipartisan -- federal.
- Infrastructure plan does not address rehabilitating senior centers, NANASP and NISC advocating for this
- Call post COVID the Big Reset, not the New Normal.
- Calling for social isolation to be a health issue, not social issue
- Advocate for national nutrition strategy
- Targeted flex work for older Americans is a must
- Equity discussion needs to include older adults
- American Rescue Plan Funding: \$460 Million for IIIB
- LAO – Leaders of Aging Organizations
- Framing is a set of choices – how we communicate/message makes a difference
- Partnership with Healthcare – Healthy Aging, Nutrition Matters Tuffts report, good nutrition is critical to healthy aging report.
- Older workers are the future. Problem is didn't grow up with technology, huge disadvantage even finding a job. Need to help train and make people comfortable with technology.
- Bring more people from fear-based to opportunity-based thinking.
- UBI – Universal Basic Income. As jobs dry up, give everyone UBI...

Lisa Labonte—Senior Dine (Presentation at NANASP)

- Seniors enter senior centers and sign up for restaurant program – Senior Dine
- Card which is tracked
- People meet up at restaurants to eat off fixed menu, variety, socialization
- Provide restaurant with customer base and potential new business
- Planning:
 - Rural areas, transportation,
 - Partnerships – elected officials, senior housing, community leaders
 - Technology – data entry to set up
 - Marketing/Outreach –
 - Monitoring

NAPA/SOLANO AREA AGENCY ON AGING



ASSISTANCE · ADVOCACY · ANSWERS



Restaurant considerations: accessibility, large area, clean bathrooms, wifi, parking

Senior Dine integrates with GetCare and other systems, soon with ServeTracker

Reopening Senior Centers (Presentation at NANASP)

- Acknowledge social isolation, loss of income, mental acuity, fear
 - Address: socialization, physical and mental health needs, add classes, digital divide – add classes, one-on-one training
 - Safety protocols. Identify health and safety officers, follow guidelines
 - Outreach: bring managers, senior living facilities, community ambassadors, clients, printed materials
 - Continue evaluating activities
- **San Diego County:**
 - By 2030, 25% of population will be 65+
 - 25% of people 65+ have limited support networks (senior orphans)
 - Many homeless seniors – what are we to do?

Homelessness (Presentation at NANASP)

- People who become homeless after 50 – due to financial crisis, ill-equipped
- All low-income senior housing/transition housing must have wrap-around services onsite
- SD has a Regional Task Force with full-time staff. Harder+ Co report coming out soon with findings and solutions
- \$300/month would keep older adults off the street. Much cheaper than the cost of emergency services. This is in SD
- Cost to keep someone on the street \$25,000 – over \$60,000. HUD pays \$10/night/bed
- If we can keep someone off the street at the moment of crisis, we save 10s of thousands of dollars.
- “Shallow” funding – small amount over a long period of time (\$300/month for as long as needed)
- St. Mary’s in Oakland is an example of a 55+ winter shelter with services. Turns into day program. People prefer because it is safe. Seniors need their own programs.
- Shelters are not built for long-term care but that’s what we need. Senior needs
 - Mobility – one floor
 - Space to move with walkers, wheel chairs, etc
 - No bunk beds
 - Hearing and vision issues so – large print
 - Address needs targeted and intentionally

NAPA/SOLANO AREA AGENCY ON AGING



ASSISTANCE · ADVOCACY · ANSWERS



“I went from being invisible to being visible for the wrong reasons.” Senior client

- Need to knit all services together to address health, mental/physical, social needs
- Homeless seniors—low wage earners, lack of safety net, catastrophic event
 - Physical labor jobs over the years
 - Unable to return to that type of work
 - Lost spouse, gave up job spouse passed, couldn't get another job
 - Can't get back into workforce
 - Priced out of where they lived, rent increases
 - Social anxiety increases and becomes more prominent and leads to feelings of vulnerability, isolation, pulling back from the system
 - Need to help people retain the housing they have

Master Plan Meeting

- Aging is a diversity, not a burden
- From Pyramid to Pillar: a century of change, U.S> Census Bureau, census.gov
- Can't just sprinkle equity on top. Must be baked in – ableism, racism, ageism
- MPA: 5 buckets with 123 recommendations under each strategy
- 32 pieces of legislation related to MPA
- 30% of people 60+ need a geriatrician. Not enough
- Kaiser has GEM clinic – wrap-around services for older adults – only in some areas.
- ADRC* in Marin – (Aging and Disability Resource Center)
 - Enhanced information and Assistance
 - Navigators
 - Intakes for all programs
 - Work with medical
 - Use interns
 - Options, planning

*The Master Plan for Aging calls for ADRCs to be established in all counties/PSA's. Neither Napa nor Solano currently has an ADRC. Napa is developing one. ADRCs take coordination among Independent Living Centers (ILC), county health departments, and AAAs. The process takes 1-2 years, includes a lengthy approval process by the California Department of Aging (CDA).