



NAPA / SOLANO AREA AGENCY ON AGING

275 Beck Avenue, Fairfield, CA 94533



OVERSIGHT BOARD MEETING

Monday, June 28, 2021
10:00 am to 12:00 pm (noon)

Virtual Meeting: Zoom

<https://us02web.zoom.us/j/89953090023?pwd=QnN4YTJldzI2amFDRXQ4bThBN0ZrZz09>

Meeting ID -- 899 5309 0023

Passcode -- 396628

Phone: 669-900-6833

NAPA/SOLANO AREA AGENCY ON AGING MEETING ROTOCOL IN RESPONSE TO CORONAVIRUS COVID-19

California Governor Gavin Newsom issued Executive Order N-25-20 on March 12, 2020, relating to the convening of public meetings in light of the COVID-19 pandemic. The Napa/Solano Area Agency on Aging hereby provides notice that it will continue to convene its regularly scheduled public meetings of the Oversight Board and Advisory Council telephonically, as provided in the publicly posted agenda notice, and until further notice. Pursuant to the Executive Order, and to maintain the orderly conduct of the meeting, the Napa/Solano Area Agency on Aging will allow Board members and Council members to attend the meetings telephonically and to participate in the meetings to the same extent as if they were present.

Members of the public who wish to participate may participate telephonically. For members of the public who wish to participate, but not to attend telephonically, you may submit written comments on any matter within the Board or Council's subject matter jurisdiction, regardless of whether it is on the agenda for Board or Council consideration or action, and those comments will be entered into the administrative record of the meeting. To submit written comments by U.S. Mail or email for inclusion in the meeting record, they must be received by the Napa/Solano Area Agency on Aging staff no later than 9:00 a.m. on the morning prior to the noticed meeting. To submit written comments by email, please forward them to eclark@solanocounty.com. To submit such comments by U.S. Mail, please forward them to:

Elaine Clark

Napa/Solano Area Agency on Aging

275 Beck Avenue

Fairfield, CA 94533

All meetings are recorded.

Agenda available online at: <https://www.aaans.org/oversight-board>



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Agenda

CALL TO ORDER – 10:00am

ROLL CALL

ITEMS FROM THE PUBLIC --This portion of the meeting is your opportunity to address the Oversight Board on a matter not listed on the Agenda, but it must be within the subject matter jurisdiction of the Oversight Board. Items from the public must be submitted in advance and will be taken under consideration without discussion by the Oversight Board and may be referred to staff.

WELCOME – Monica Brown

APPROVAL OF THE AGENDA

APPROVAL OF THE MINUTES FROM April 26, 2021 -- Attached

REPORTS – Presented by N/S AAA staff; no Action required.

1. Receive budget and service unit update – Jay Peno – **Handout**
2. Receive update on 2021- 2022 contract process – Elaine Clark
3. Overview of Master Plan for Aging Local Implementation/Integration – Elaine Clark -- **Handout**
4. Discussion about returning to in-person meetings – Supervisor Brown -- **Handout**

ACTION ITEMS – These items require Action by the Oversight Board; if no quorum exists, these items will be for discussion only, and they will carry over to a subsequent meeting of the Oversight Board for Action.

Vote to cancel July 2021 meeting

Vote to cancel November 2021 meeting

Vote to move the December 2021 meeting to December 6, 2021 and include the Advisory Council on Aging.

BOARD MEMBER COMMENTS

ADJOURN

To the next scheduled virtual meeting of the Napa/Solano AAA Oversight Board on August 23, 2021.

Napa/Solano Area Agency on Aging Oversight Board

Meeting Minutes April 26, 2021

Location: Virtual Meeting – Zoom:
<https://us02web.zoom.us/j/89953090023?pwd=QnN4YTJldzl2amFDRXQ4bThBNOZrZz09>
Meeting ID 899 5309-0023
Phone: 1-669-900-6833
Date: Monday, April 26, 2021
Time: 10:00 am – 12:00 pm

Attendees: Board Members: Supervisor Monica Brown, Supervisor Brad Wagenknecht, Mayor Robert McConnell, Councilwoman Liz Alessio, Xavia Hendriksz, Steve Sillen, Heather Stanton
AAA Staff: Gwendolyn Gill, Elaine Clark, Jay Peno

Approval of Agenda moved by Steve Sillen, seconded by Xavia Hendriksz and passed unanimously.

Approval of Minutes from February 22, 2021, moved by Steve Sillen, seconded by Brad Wagenknecht and passed unanimously.

Reports

- Area Plan Update Presentation – Elaine Clark
- Receive budget and service unit update – Jay Peno
- Family Resource Center emergency services update – Elaine Clark

Action Items

- Approve accepting the 2021-2022 Area Plan contract from CDA for \$3,157,051
 - Motion to approve by Brad Wagenknecht; seconded by Liz Alessio; passes unanimously.
- Approve proposed service contracts for 2021-2022
 - Motion to approve by Liz Alessio; seconded by Brad Wagenknecht; passes unanimously
- Request AAA to create printed program guide using 2021-2022 funds

Board Member Comments - None

Meeting adjourned 11:35 a.m. to May 24, 2021.



Localizing the Master Plan for Aging – Why it Matters

The state Master Plan for Aging (MPA) is a framework for addressing the needs of the aging population in California, which is expected to continue to grow exponentially. By 2024, Solano County is projected to see a 23% increase and Napa County a 16% increase in the population of adults age 60 and older, according to census data. Older adults already make up nearly 25% of the area population.

With an increasingly older population comes an increased demand on services that impact the social determinants of health: meals, transportation, visiting, homecare assistance, case management, exercise, group activities, affordable housing, and livable communities.

The growing demand for services and resources, combined with added stress on family caregivers, limited infrastructure and funding, necessitate a comprehensive strategy to support older adults and their caregivers to remain active, healthy, and living independently for as long as possible.

Group exercise classes reduce loneliness and isolation and improve health among older adults, Cedars Sinai study.

The Napa/Solano Area Agency on Aging is uniquely positioned to take the lead on creating a comprehensive localized Master Plan. The N/S AAA is the single organization mandated to plan and advocate for both Napa and Solano County older adults. Federal and state-funded programs address the social determinants of health through a network of service providers in both communities. The N/S AAA works within the framework of the Local Area Plan, which is updated annually.

With fiscal oversight from the Oversight Board (OB) and program guidance from the Advisory Council on Aging (ACOA), the N/S AAA is responsible for

- Identifying gaps in services through comprehensive planning and needs assessment
- Advocating for additional resources on behalf of older adults
- Providing a resource directory of social programs and services
- Interacting with senior-serving organizations
- Preparing service providers and vulnerable older adults for emergencies
- Ensuring Older Americans Act and California Department of Aging funding is administered to local organizations in the most efficient and effective manner and in accordance with local, state, and federal mandates

NAPA/SOLANO AREA AGENCY ON AGING



ASSISTANCE - ADVOCACY - ANSWERS



Meals on Wheels can serve a senior for an entire year for about the same cost as just one day in the hospital or 10 days in a nursing home, Meals on Wheels America.

Using the MPA as the larger framework, the N/S AAA will bring together multiple stakeholders from both Napa and Solano counties to prioritize local needs and identify organizations currently providing services, gaps in service, and areas of overlap.

The Advisory Council is uniquely qualified help guide the discussions, solicit input, and advise the final document.

The Goals

1. Understand the future needs of older adults and the impact on municipalities
2. Bring stakeholders together to collaborate on solutions
3. Identify gaps in services
4. Create a comprehensive document that will inform and guide
 - a. Advocacy efforts
 - b. Funding priorities
 - c. Service coordination
 - d. Municipalities to create livable communities for all ages

The Process

1. Identify a core working group
2. Bring together key stakeholders
3. Gather data on available resources, best practices/models
4. Hold listening sessions
5. Identify key areas of focus based on the “Five Bold Goals” of the Master Plan for Aging
6. Prioritize local initiatives/partnerships
7. Develop final framework including baseline measurements of success
8. Agree on final document
9. Move forward, monitor progress

Old age is not a disease – it is strength and survivorship, triumph over all kinds of vicissitudes and disappointments, trials and illnesses, Maggie Kuhn

N/S AAA Master Plan on Aging

June 2021

	<ul style="list-style-type: none"> • Meet with local leaders; OB; ACOA. • Create an invitation list for community meetings. • Select a facilitator and note take for meetings. 	August 2021
Community meeting #1	Introduce local MPA; invite leaders to speak and attend; participation commitments	2 hours
	<ul style="list-style-type: none"> • Action steps and assignments from community meeting • Coordinate with Public Health epidemiologist to identify reports and data needed for MPA project. • Review and distribute reports/data to MPA planning group. • Identify existing models to be included 	October 2021
Community meeting #2	Identify existing Age Friendly models in N/S and other communities	3 hours
	<ul style="list-style-type: none"> • Action steps and assignments from community meeting • Research local initiatives/partnerships (existing and model programs) • Select model programs/presenters for community meeting 	December 2022
Community meeting #3	Prioritize local initiatives/partnerships	5 hours - consider separate meetings and extending to 2 hours per topic

	Housing		
	Health		
	Inclusion and equity		
	Caregiving		
	Affording Aging		
	<ul style="list-style-type: none"> Action steps and assignments from community meeting Compile resources Draft report 	March 2022	
Community meeting #4	Review the proposed N/S MPA report	2 hours	
	<ul style="list-style-type: none"> Action steps and assignments from community meeting Community meeting revisions Finalize document Identify proposed baseline measurements of success 	June 2022	
Community meeting #5	Develop agreement on local metrics	2 hours	
	<ul style="list-style-type: none"> Action steps and assignments from community meeting Create metrics data collection and tracking document Identify and report best practices 	July 2022	
Regularly scheduled periodic meetings	Review MPA progress	ACOA or OB regular agenda item	



Oversight Board Meeting Dates 2021-2022

Effective October 2021, all Oversight Board meetings will be held in-person.
Meetings will be held in Napa and Solano.

Meetings are the Fourth Monday of the Month
Even Months – Solano
Odd Months – Napa
Meeting Times: 10:00 – 12:00

Solano County 675 Texas Street, First Floor Chambers Fairfield, CA 94533	Napa County 1195 Third Street, Suite 305 Napa, CA 94559
October 25, 2021	November 2021 meeting cancelled
December 6, 2021 – Special combined meeting with the Advisory Council, held at the Solano County Events Center (building in front of the County Office building)	January 24, 2022
February 28, 2022	March 28, 2022
April 25, 2022	May 23, 2022
June 27, 2022	July 25, 2022
August 22, 2022	September 26, 2022
October 24, 2022	November 2022 meeting cancelled
December 5, 2022, -- First Monday in December	

Meetings may be cancelled if no business is before the Oversight Board.