



Staff Report June 7, 2022

1. C4A Conference Highlights

- 10 million people will be 60 years or older in 2030. (10 million people is the total population of Los Angeles County today.)
- The aging population in CA changed by 3% in 3 years.
- Adrin Nazarian emphasized that the Master Plan for Aging is like the State Constitution for addressing the aging population, with multiple branches/areas and will continue to provide guidance. I asked Nazarian what we should do to continue the focus on aging, and he said we must advocate locally and at the state level consistently and loudly.
- Volunteer recruitment – one provider attends non-senior meetings to talk about services for “people you care about” and volunteer needs – union meetings for example.
- Meal programs – one provider has changed to a combination of frozen and fresh meals. The focus is on the person, not the meal. If a person is deemed “at risk” the provider delivers daily hot meals so they can check on the client every day. If the person is at a lower risk for isolation/health issues, they provide weekly frozen meals.
- Workforce – CA is the 5th largest economy in the world. We must engage seniors in the workforce by including incentives that enable older adults to continue working and create the right messages that encourage older adults to work. Older adults are critical as CA is reporting a net loss in population especially among young families.
- STEP Up is a housing program that buys hotels, fixes them up and sells/rents rooms to seniors. The program includes social workers and multiple services onsite.
- QUOTE: We are building a quilt of people of all ages to address ageism. Sara Roberson of Marin re: Age Friendly initiative.

Age Friendly from the conference

- Age Friendly designation is a framework for engagement.
- Process for cities/counties
 - ✓ Enroll
 - ✓ Assessment conducted by AARP and localities given results



- ✓ City/County uses the data to create a plan
- ✓ Implement the plan over 5 years. Cities/County choose what they want to work on, how, and the timeframe.
- ✓ Use Age Friendly to address abilities and diversities with one lens throughout the county.
- ✓ Review how aging and disabilities affect your operational work
- ✓ L.A. County incorporates the results into the county's strategic plan
- ✓ Each department was tasked to review how aging and disabilities affect their work and create recommendations – outward and inward facing.
- ✓ Marin – The BOS directed each of the county departments to form subcommittee of department heads to review age-friendly policies/recommendations. Quarterly report to the BOS.
- Marin – Age Friendly is a “framework” not an active plan. The framework helps department heads review programs/policies/procedures through a lens. This is a lens from which Marin does all work and is strength based as a way to address differences and propel equity.
 - ✓ Leaders meet monthly to discuss age-friendly efforts governing relationships, volunteers, burnout. Goal is to keep everyone healthy and well.
- Placer County – Elden Luce – Age Friendly allows them to build a shared vision. Goal is to educate leaders and community members.
- Most difficult obstacle for all – Convincing the H&SS Director to engage in the process.

Aging and Disability Resource Connection (ADRC) – take-away from C4A

- ADRC is a navigation process, not a program or location. The navigation process is the key. Everything else follows. Person-centered, no wrong door.
- San Francisco – ADRC navigation is embedded in every training meeting in the county.
- Marketing is the biggest obstacle
- Key staff positions at every ADRC must include
 - Point person/Coordinator
 - Call center lead
- Difference between ILRCs and AAAs – ILRCs have traditionally taught consumers to “fish” and AAAs give consumers the “food.” That’s why there is a huge disconnect when working together. We must meld our philosophies and learn to work together.



2. Contracts

The 2022-2023 service provider contracts are in process.

3. Service Provider Update

One service provider – Empowered Aging – did not use their CARES Act funding allocation of \$20,000 for the Visiting program. We received an extension from CDA to use the funds through September 30, 2022. Because funding for the fall prevention money from CDA will be delayed until late July or August, we reallocated the \$20,000 to Meals on Wheels Solano Fall Prevention program to ensure no gap in service.

4. ARPA Funding

I am holding meetings with current service providers in Napa and Solano Counties to discuss ARPA funding and ask for project ideas. I am also hosting community meetings in both counties to explain AAA services/ARPA funding and ask for input.

Information gleaned from the meetings will be incorporated into suggested distribution plans and presented to the ACOA for recommendations/suggestions. Final suggestions will be taken to the Oversight Board for approval.

5. Presentations

I am scheduled to make a presentation to the Napa City Council on July 19th regarding Age Friendly designation.

Richard White and I will make a presentation to a group in Rio Vista on June 23rd.

6. Senior Resource Guides

- The guides are printed and delivered to Collabria Care in Napa and Meals on Wheels in Solano. You can pick up copies at those locations. Each provider has a distribution plan to deliver them to various locations.
- Guides are in Spanish and English
- Guides will also be distributed through the Napa Valley Register and Daily Republic newspapers in June/July.