

# NAPA/SOLANO AREA AGENCY ON AGING



ASSISTANCE - ADVOCACY - ANSWERS



## Advisory Council on Aging

### AGENDA

**ACOA Advisory Council Virtual Meeting  
August 3, 2021 - 10:00 AM Pacific Time**

**Join Zoom Meeting:**

<https://us02web.zoom.us/j/81908916599>

Meeting ID: 819 0891 6599

Phone: 669/900-9128

### **NAPA/SOLANO AREA AGENCY ON AGING MEETING PROTOCOL IN RESPONSE TO CORONAVIRUS COVID 19**

California Governor Gavin Newsom issued Executive Order N-25-20 on March 12, 2020, relating to the convening of public meetings in light of the COVID-19 pandemic. The Napa/Solano Area Agency on Aging hereby provides notice that it will continue to convene its regularly scheduled public meetings of the Oversight Board and the Advisory Council telephonically, as provided in the publicly posted agenda notice, and until further notice. Pursuant to the Executive Order, and to maintain the orderly conduct of the meeting, the Napa/Solano Area Agency on Aging will allow Board members and Council members to attend the meetings telephonically and to participate in the meetings to the same extent as if they were present.

Members of the public who wish to participate may participate telephonically. For members of the public who wish to participate but not to attend telephonically, you may submit written comments on any matter within the Board or Council's subject matter jurisdiction, regardless of whether it is on the agenda for Board or Council consideration or action, and those comments will be entered into the administrative record of the meeting. To submit written comments by U.S. Mail or email for inclusion in the meeting record, they must be received by the Napa/ Solano Area Agency on Aging staff no later than 9:00 a.m. on the morning prior to the noticed meeting. To submit written comments by email, please forward them to [eclark@solanocounty.com](mailto:eclark@solanocounty.com). To submit such comments by U.S. Mail, please forward them to:

Elaine Clark  
Napa/Solano Area Agency on Aging  
275 Beck Avenue  
Fairfield, CA 94533

# NAPA/SOLANO AREA AGENCY ON AGING



ASSISTANCE - ADVOCACY - ANSWERS



## Advisory Council on Aging

AGENDA  
August 3, 2021

CALL TO ORER – 10:00 a.m.

ROLL CALL

### COMMENTS FROM THE PUBLIC

*This is your opportunity to address the Advisory Council on a matter not listed on the Agenda, but it must be within the subject matter jurisdiction of the ACOA. Please limit your comments to three minutes. Items from the public will be taken under consideration without discussion by the Advisory Council and may be referred to staff.*

APPROVAL OF THE AGENDA

APPROVAL OF THE JULY 6, 2021 MINUTES

MEMBER CHECK-INS - Opportunity for Council Members to share activities and updates.

WELCOME - Welcome proposed new Council Member Fern Yaffa, representing Napa County

### REPORTS

- **Executive Committee:** – Richard White
- **Ad Hoc By Laws** - Verneal Brumfield
- **AgeWell** – Cheryl Johnson
- **Advocacy** – Tony Provine
- **Adopt-a-Provider** - Report on Alzheimer's Association activities – Cheryl Johnson
- **Staff Report – No written report** -- Elaine Clark

LOCALIZING THE MASTER PLAN FOR AGING – Elaine Clark

OLD BUSINESS

NEW BUSINESS

ADJOURN – 12:00 p.m.

# NAPA/SOLANO AREA AGENCY ON AGING



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## Advisory Council on Aging

### DRAFT MINUTES

July 6, 2021

**CALL TO ORER** – 10:00 a.m.

**PRESENT:** Elaine Clark, Executive Director AAA; Richard White, Chair; Verneal Brumfield, Vice Chair; Susan Ensey, Acting Secretary; Donna Altes; Janice Burger; Jerry Castanon; Mina Diaz; Donna Harris; Arnold Koenig; Tony Provine; Dane Reeves; Julie Spencer. Excused: Cheryl Johnson. Absent: Brenda Crawford. Guest: Gwendolyn Gill, Public Health, Solano County.

**APPROVAL OF AGENDA:** Motion by Donna Altes; Seconded by Donna Harris; Approved.

**APPROVAL OF JUNE 1, 2021 MINUTES:** Motion by Donna Altes; Seconded by Verneal Brumfield; Approved.

#### MEMBER CHECK-INS

**WELCOME AND APPRECIATION:** Council welcomed new Council Member Janice Burger, and new Vice Chair for 21-22 Verneal Brumfield. Council expressed appreciation to Dane Reeves for two terms of service as Vice Chair.

#### REPORTS

- **Executive Committee:** – Richard White reviewed the Advisory Council's Quarterly Report.
- **New Member Recruitment and Selection** – Donna Altes recommended candidate Fern Yaffa for Council Membership representing Napa.
- **Ad Hoc By Laws** - Verneal Brumfield introduced draft revisions to the By Laws.
- **AgeWell** – Publication is scheduled for mid July.
- **Advocacy** – Tony Provine provided update on legislation.
- **Adopt-a-Provider** – Donna Altes provided update on Share the Care Napa Valley
- **Equity** - Call for interested members to develop Advisory Council Equity statement
- **Staff Report** – Elaine Clark: Report included Introduction to the Playbook for Localizing the Master Plan for Aging.

**OLD BUSINESS:** Update on vaccination outreach to Communities of Color

**NEW BUSINESS:** None

#### ACTION ITEMS:

- **Approve Fern Yaffa for Council Membership.** Motion by Dane Reeves; Seconded by Donna Harris; Approved.
- **Approve support letters for SB515 and AB911**– Long-term Services and Supports (LTSS): Motion by Tony Provine; Seconded by Donna Altes; Approved.

**ADJOURN** – 12:00 p.m.

# NAPA/SOLANO AREA AGENCY ON AGING



ASSISTANCE - ADVOCACY - ANSWERS



## Advisory Council on Aging

### EXECUTIVE COMMITTEE AGENDA August 3, 2021 – 12:00–12:30 – Zoom Meeting

CALL TO ORDER 12:00

ROLL CALL

APPROVAL OF AUGUST 3, 2021 AGENDA, AND DRAFT MINUTES FROM JULY 6, 2021

EXECUTIVE REVIEW AND DISCUSSION OF REPORTS AND TOPICS COVERED IN COUNCIL MEETING

PLAN AGENDA FOR SEPTEMBER COUNCIL MEETING

ADJOURN 12:30

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### EXECUTIVE COMMITTEE DRAFT MINUTES July 6, 2021 – Zoom Meeting

CALL TO ORDER: 12:00

ROLL CALL: Richard White, Chair; Verneal Brumfield, Vice Chair; Susan Ensey, Secretary; Elaine Clark, Staff.

#### DISCUSSION TOPICS

- The topic of localizing the Master Plan for Aging will be a major item on all future Council Agendas
- Reviewed Adopt-a-Provider list and plans for reports by Council Members
- Discussed distribution and messaging for the Quarterly Report

ADJOURNED 12:40

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**Provider List - July 2021 - Napa/Solano Area Agency on Aging**

<i>Provider</i>	<i>Contact / Phone</i>	<i>County</i>	<i>Advisory Council Member</i>
Alzheimer's Association	Grace Liu, Executive Director 925/284-7942	Solano	<b>Cheryl Johnson</b> Plan 8/21 update
Benicia Family Resource Center -Emergency Assistance Program	Patti Baron 707746-4352	Solano	
Collabria Care -Family Caregiver Respite / Info -I&A, Case Mgmt, Caregiver Referral	Celine Regalia, Exec Dir. - 707-258-9080 Tiffany Walker - 707-253-4248	Napa	<b>Dane Reeves</b>
Community Action of Napa Valley (CANV) - Delivered & Congregate Meals	Drene Johnson, Executive Director 707-253-6100	Napa	
Faith in Action -Transportation	Robert Fuentes, Exec Dir 707-425-6164 Louis Souza, Projects Manager	Solano	<b>Richard White</b>
Innovative Health Solutions -Disease Prevention  -Grandparents as Caregivers	Norma Lisenko, Executive Director 707-205-5572	Solano / Napa  Solano	<b>Julie Spencer</b>
Legal Services of Northern CA -Legal Assistance	Oliver Ehlinger, Senior Law 707-643-0054	Solano / Napa	Elaine Clark
Meals on Wheels Solano -Home Delivered & Congregate Meals -I&A/Case Management -Fall Prevention	Laurie Hartmann, Executive Director 707-425-0638 Gina George, Program Manager	Solano	Plan 9/21 speaker Gina George: Emergency Packs
Molly's Angels - Transportation - Hello! Molly, Calls	Julia Orr, Executive Director 707-224-8885	Napa	<b>Susan Ensey</b>
Molly's Angels - Ombudsman / Elder Abuse Prevention	Julia Orr, Executive Dir 707-255-4236 Dave Lord, Ombudsman	Napa	Future speaker Julia Orr on Elder Abuse
Empowered Aging (Ombuds Services of Contra Costa, Solano, Alameda) - Ombudsman Program - Friendly Visiting Program	Nicole Howell, Executive Dir. - 707-644-4194 Brenna Benjamin, Community Engagement Coord - 707-203-5351	Solano	Future speaker Nicole Howell on Ombudsman.
Redwood Caregiver -Family Caregiver Respite	Nancy Powers Stone, Program Manager 707-542-0282 x101	Solano	(No Member needed)
Senior Advocacy Services (HICAP)	Frank Nelson, HICAP Manager 707-526-4108	Solano / Napa	Future speaker Frank Nelson
Share the Care Napa Valley -Fall Prevention	Karin Morrissey, Manager Outreach Sanda Oliva, Operations Manager	Napa	<b>Donna Altes</b>
Solano Pride -Case Mgmt, Peer Counseling, Reassurance	Jonathan Cook, Executive Director 707-207-3430	Solano	<b>Donna Harris</b> Future speaker Jonathan Cook

# Internal Calendar - Napa / Solano Advisory Council on Aging - JAN - DEC 2021

Updated 07/08/21

Month/Year	Meetings / Membership	Project & Advocacy Milestones	Key AAA / Contract Activities
<b>JANUARY</b>	-1/5 Speaker: Lauren Rolfe, California Senior Assembly Member. Subject: CSL -New Website overview.	-Approved Advocacy Project -Newsletter and Alerts	-New AAA website launch -New COVID Relief Bill reviewed
<b>FEBRUARY</b>	-2/2 Speaker: Julie Bates: Livable Communities and Livability Index. -Molly's Angels Update by Susan Ensey.	-Newsletter and Program Themes Calendar teams activating Calendar themes and topics into the Newsletter. -Capital Day February 28	-Approved reallocation of PD&C funding; and allocation of additional One-Time-Only and Realignment funding
<b>MARCH</b> March for Meals	-Officer Nomination Committee Members approved.	-Approved <i>AgeWell</i> for Newsletter name. -Advocacy team tracking multiple state and Federal Bills.	-Start review process for Area Plan and Provider allocations -Proposed Budget for 21-22
<b>APRIL</b>	Approvals: Officer: Richard White, Chair; Verneal Brumfield, Vice Chair; Susan Ensey, Acting Secretary. -New members: Mina Diaz and Jerry Castanon. -2nd 2-year terms: Verneal Brumfield, Donna Harris, and Arnold Koeniq. -4 members leaving Council on 4/30.	-Presentation and review of updated Area Plan by Elaine Clark. -Spreadsheet of tracked Legislative Bills sent to Members.	-Update Area Plan: Public Hearing on Area Plan.
<b>MAY</b> Older Americans	-Welcome new Solano members: Mina Diaz and Jerry Castanon.	-Ad Hoc Team formed to review By Laws. -Ad Hoc Interview Committee formed.	-Present budget and funding for providers to Members. -Area Plan submitted to CDA.
<b>JUNE</b> Gay Pride / Elder Abuse / Alzheimer's	-6/1 Speakers: Vallejo Community Land Trust. -Council approved Janice Burger for Napa -Terms end for current Officers 6/30.	-Support letter: Suisun Senior Center. -Council approved Equity Project. - <i>AgeWell</i> articles due 06/15.	-Volunteer section added to website.
<b>JULY</b>	-Officers begin terms. -Welcome Napa member Janice Burger. -Council approved Fern Yaffa for Napa. -Share the Care update by Donna Altes.	-Quarterly Report communicated. - <i>AgeWell</i> set to be published mid month. -Support letters: SB515 and AB911 (LTSS) -Draft ByLaws reviewed with Council.	-FY21-22 provider contracts begin. -Introduction of Playbook for localizing the Master Plan.
<b>AUGUST</b>	-Tentative: Alzheimer's provider update by Cheryl Johnson.		
<b>SEPTEMBER</b> Fall Prevention	-Tentative: Speaker Gina George, Meals on Wheels Solano: Emergency Packs. -9/25 Napa Alzheimer's team walk.		
<b>OCTOBER</b> Emergency Preparedness	-10/6 Solano Alzheimer's team walk.		
<b>NOVEMBER</b> Family Caregiver			
<b>DECEMBER</b>	12/06 (Monday) Joint OB/ACOA Meeting in fairfield. Speaker: Amanda Warren - Master Plan.		

# Agencies partner to help Parkway Plaza residents enjoy Straight Out of Lockdown

**By Amy Maginnis-Honey**

FAIRFIELD — It was Straight Out of Lockdown for the approximate 140 seniors at Parkway Plaza on Friday afternoon.

It marked the first time, since the pandemic, residents were able to gather, without masks, in a group.

The smiles flowed as freely as ice-cold water.

Canopies were set up over tables in the courtyard, in view of a garden that grew during the pandemic, offering residents a chance to get outside in fresh air.

A variety of organizations sponsored the fun, including CalFresh, Innovative Health Solutions and the Napa-Solano Area Agency on Aging.

Innovative Health Solutions paired with Sustainable Solano to expand the garden. Innovative Health Solutions collaborates with public health organizations, businesses, health care professions, community members and advocates to improve the health and wellness of Bay Area residents.

The goal is to have gardens at other affordable senior complexes, said Norma Lisenko, of Innovative Health Solutions.

She was accompanied by a bevy of soft-bound books on topics such as healthy cooking, yoga and strength training that were free. There were also recipe cards.

“One of us can’t do it all,” she said. “We can when we partner together.”

Donna Soltis, an eight-year resident, was happy to see her neighbors, unmasked.

Her main reason for attending the celebration?

“The lockdown is over,” she said.

Martha Farr moved in a few months before the pandemic and only had a short time to meet her neighbors.

She was never lonely. Her neighbors check in with her constantly.

“I get to see everyone,” she said.

Loretta Girka, the complex’s youngest resident, credited her caregiver Laura Davalos and her neighbors for keeping her sanity during the shutdown.

“We kept each other’s spirits up,” Davalos said.

“We are starting to get lively again,” Girka added.

Byron Kamelamela was happy to shed his mask. In jest, he said some residents, including himself, should keep their masks on as to not reveal their looks.

“There’s some good-looking people here who should take it off,” he said.

He did carry a mask in his pocket, just in case.

“Just to be here and see everyone,” was his main reason for attending.

Cody Mott got to show off his new motorized wheelchair, which includes Bluetooth technology, the ability to lift his foot and a back that reclines.

He underwent a liver and kidney transplant a decade ago. He got a new titanium knee six years ago.

His right leg was amputated in February.

“I’m here by the grace of God,” he said. “He got me through.”

Jennalee Dawson, the resident service coordinator at Parkway Plaza, told the crowd it had been a difficult year for communities across the world.

“Over this past year, we as a community, have suffered losses of members of our community, who will forever be with us,” she said. “Yet, through this all we gained resilience and fostered the true meaning of community.”

She thanked various community agencies for their support and noted 95% of the residents are vaccinated thanks to Kaiser Permanente’s MyCareMyHome program.



“Let’s eat and have a good time and reconnect,” Dawson concluded.

And that’s what they did.



# Senior financial assistance ends soon

DAILY REPUBLIC STAFF  
NEWS@DAILYREPUBLIC.NET

**FAIRFIELD** — The Napa/Solano Area Agency on Aging continues to play a role in helping low-income seniors remain in their homes by supporting small home improvement projects for Solano and Napa County residents.

The program, funded

by federal CARES Act dollars, ends soon.

The funds were originally set aside to help older adults with one-time emergencies and rental assistance. The list of covered emergency funding needs quickly grew to include assistance paying medical bills, roof repairs, utility bills and hot water heater repairs.

One example is a woman, 64, who worked two and three jobs all her life to make ends meet.

A hip injury forced her to live on a combination of workers' compensation and state disability. The ongoing medical treatments, coupled with the need for dental work before being approved for surgery, left her unable to

keep up on her monthly utility bill.

The Senior Emergency Assistance Program was able to assist her.

The program began as a recommendation from the Advisory Council on Aging and Legal Services of Northern California. When the Napa/Solano

See Senior, Page A4

## Senior

From Page A3

Area Agency on Aging received additional CARES Act funds, both the Advisory Council on Aging and local service providers were asked to suggest the best uses for allocating the funds.

The program is administered through the Benicia Family Resource Center.

Qualifying individuals must be low-income, 60 years or older, or

a disabled adult with a qualifying need. Assistance is available to qualified individuals who need one-time assistance.

The program has been in place since January and will end in September.

All seniors who need help are encouraged to apply early, while funds are available.

For more information, send an email to [KLara@ci.benicia.ca.us](mailto:KLara@ci.benicia.ca.us) or call the Benicia Family Resource Center at 746-4352.