

NAPA/SOLANO AREA AGENCY ON AGING



ASSISTANCE - ADVOCACY - ANSWERS



Advisory Council on Aging

MEETING AGENDA

October 4, 2022 - 10:00 AM Pacific Time

Join Zoom Meeting:

<https://us02web.zoom.us/j/83784479976>

Meeting ID: 837 8447 9976

Phone: 1 669 900 9128

NAPA/SOLANO AREA AGENCY ON AGING MEETING PROTOCOL IN RESPONSE TO CORONAVIRUS COVID 19

California Governor Gavin Newsom issued Executive Order N-25-20 on March 12, 2020, relating to the convening of public meetings in light of the COVID-19 pandemic. The Napa/Solano Area Agency on Aging hereby provides notice that it will continue to convene its regularly scheduled public meetings of the Oversight Board and the Advisory Council telephonically, as provided in the publicly posted agenda notice, and until further notice. Pursuant to the Executive Order, and to maintain the orderly conduct of the meeting, the Napa/Solano Area Agency on Aging will allow Board members and Council members to attend the meetings telephonically and to participate in the meetings to the same extent as if they were present.

Members of the public who wish to participate may participate telephonically. For members of the public who wish to participate but not to attend telephonically, you may submit written comments on any matter within the Board or Council's subject matter jurisdiction, regardless of whether it is on the agenda for Board or Council consideration or action, and those comments will be entered into the administrative record of the meeting. To submit written comments by U.S. Mail or email for inclusion in the meeting record, they must be received by the Napa/ Solano Area Agency on Aging staff no later than 9:00 a.m. on the morning prior to the noticed meeting. To submit written comments by email, please forward them to eclark@solanocounty.com. To submit such comments by U.S. Mail, please forward them to:

Elaine Clark

Napa/Solano Area Agency on Aging
275 Beck Avenue
Fairfield, CA 94533

NAPA/SOLANO AREA AGENCY ON AGING



ASSISTANCE - ADVOCACY - ANSWERS



Advisory Council on Aging

AGENDA
October 4, 2022

CALL TO ORDER – 10:00 a.m.
ROLL CALL

CONFIRMATION OF VIRTUAL MEETING: Discussion: Consider adopting a resolution of the Advisory Council on Aging to the Napa/Solano Area Agency on Aging authorizing remote teleconferenced meetings from the period October 4, 2022 through November 4, 2022 as a result of the continuing Covid-19 pandemic state of emergency.

COMMENTS FROM THE PUBLIC

This is your opportunity to address the Advisory Council on a matter not on the Agenda, but it must be within the subject matter jurisdiction of the ACOA. Please limit comments to three minutes. Items from the public will be taken under consideration without discussion by the Advisory Council and may be referred to staff.

APPROVAL OF THE AGENDA / APPROVAL OF THE DRAFT MINUTES

REPORTS

- **Executive Committee:** Verneal Brumfield
- **Member Recruitment:** Richard White
- **AgeWell:** Cheryl Johnson
- **Advocacy/Legislation:** Tony Provine
- **Staff Report:** Elaine Clark

PRIORITY GOALS UPDATES: Work Groups

ACTION ITEMS:

- Approve remote teleconferenced meetings from the period October 4 through November 4, 2022

ADJOURN – 12:00 p.m.

NAPA/SOLANO AREA AGENCY ON AGING



ASSISTANCE - ADVOCACY - ANSWERS



Advisory Council on Aging

DRAFT MINUTES
September 6, 2022

CALL TO ORER – 10:00

PRESENT: Elaine Clark, Executive Director AAA; Verneal Brumfield, Chair; Richard White, Past Chair; Fern Yaffa, Vice Chair; Susan Ensey, Secretary; Donna Altes; Linda Chandler, Shellie Coleman, Donna Harris, Arnold Koenig; Heather Luna; Anne Payne; Tony Provine; Dane Reeves; Fran Rosenberg. **ABSENT:** Jerry Castanon; Susan Ensey; Cheryl Johnson. **GUESTS:** Kris Coryell; John Pearson.

COUNCIL BUSINESS: Verneal Brumfield

APPROVAL OF AGENDA: Motion by Fran Rosenberg: Seconded by Linda Chandler; Approved.

APPROVAL OF MINUTES: Motion by Fran Rosenberg: Seconded by Linda Chandler; Approved.

MEMBERSHIP:

- Heather Luna was welcomed by the Council.
- Kris Coryell was introduced. Recommendation made by the interview team for Kris for regular membership representing Napa. Discussion and approval.
- Recommendation made by interview team for Alan Werlin for regular membership representing Solano. Discussion and approval.

STRATEGY WORKSHOP: Elaine Clark

- ARPA funding opportunities were reviewed by Elaine. The Council approved the recommendations for the proposed allocations.
- The five priorities set at the August meeting were reviewed and agreed upon.
- Work groups formed and shared their progress.

MEETING ACTION ITEMS:

- Motion to approve Kris Coryell as Regular Member representing Napa County. Approved.
- Motion to approve Alan Werblin as Regular Member representing Solano County. Approved.
- Motion to approve recommended ARPA funding.
- Motion to approve five Priority Goals. Approved.

ADJOURNED

NAPA/SOLANO AREA AGENCY ON AGING



ASSISTANCE - ADVOCACY - ANSWERS



Advisory Council on Aging

EXECUTIVE COMMITTEE AGENDA October 4, 2022 – 1:00 – Zoom Meeting

CALL TO ORDER 1:00
ROLL CALL

APPROVAL OF TODAY'S AGENDA

DISCUSSION TOPICS:

- Plan November 1 Meeting Agenda
- Review Priority Goals Progress by Work Groups
- Discuss content for Quarterly Report

ADJOURN 1:30

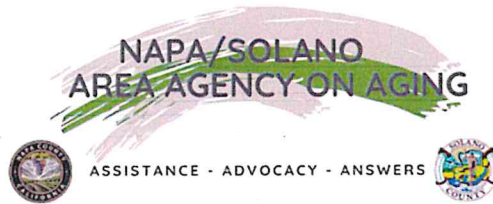
EXECUTIVE COMMITTEE DRAFT MINUTES September 6, 2022

ROLL CALL: Verneal Brumfield, Chair; Richard White, Past Chair; Fern Yaffa, Vice Chair; Elaine Clark, Executive Director AAA. **Absent:** Susan Ensey, Secretary;

DISCUSSION TOPICS

- Plan October 4 Meeting Agenda
- Follow-up on Priority Goals Work Groups

ADJOURNED



Staff Report October 4, 2022

1. CA Aging for All Conference Highlights

The meeting focused on the progress of the Master Plan for Aging. Key principles are: Engage, Embed, Launch, Focus, and Implement.

California is

- #41 in poverty for people ages 65+
- #41 in voters over the age 65 – 67% of people who vote are over age 65
- #49 for severe housing problems
- #2 longevity – live an average of 81.5 years

Need 5% increase annually to keep up with current funding for aging services -- Senator Pan

- Need to create path for middle class to receive LTSS

Equity needs to be “baked in, not sprinkled on” – Rigo

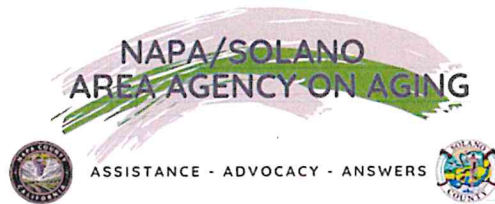
It is not just about inclusion, it’s about being invited... -- Ghaly

Advocacy –

- Tell legislators, whatever you do is going to affect 25% of the population
- Start one-on-one conversations now – need to educate staff and legislators about the issues and the ask. Why it is important
- Never has there been so much turnover in state legislators.
- The most organized proposals get done
- Never give up – may take 5-10 years but keep asking

Susan DeMarais – CDA

- HCBS Gap Analysis is in this year’s budget – 18-month project to understand holes
- New Learning and Innovation Institute to help AAAs
- Navigation is #1 priority – How do we help people get started? No Wrong Door
- HICAP serves 1% of Medicare population – need to increase
- Evidence informed, evidence derived, evidence-based requirements are coming



Ashton Applewhite – Anti-agism speaker/author “This Chair Rocks”

- I am an old person in training
- Prejudice is like pack ice; it maintains the status quo unless you actively break it up
- Ageism and Ableism must be addressed
- I am ____ but at least I am not ____ (ableism)
- If you want to understand any problem in the U.S., figure out who benefits from it, not who suffers from it.
- Breaking the code of Ageism
 - People with fact-based information regarding aging are healthier longer, less likely to get Alzheimer’s – even with the gene.
- Age and disability are not the problem, discrimination is the issue.
- Its not the wheelchair that makes it difficult – it is the stairs
- If you wake up in the morning you are aging successfully
- The bull looks different to the matador who enters the ring
- Crip Camp – movie about accessible, inclusive

2. Aging and Disability Resource Connection (ADRC)

Work Plan accepted by CDA

Susan Rotchy and AAA are working on implementation. Meet monthly. First Quarter Report due to CDA this week.

3. American Rescue Plan Contracts

Oversight Board approve contract recommendations

Contracts are in process – will take 2 months to execute

4. Staff Changes

Administrative Assistant -- Jaquetta Jefferson is the new Administrative Assistant for the AAA – YEAH!!! She will be focused on data reports, contracts, and miscellaneous administrative duties. So excited!!!

Fiscal – Jay’s position as Staff Analyst has yet to be filled – probably 3 or more months.

Accounting Clerk – Maria, who helps with claims processing, will be out on maternity leave at the end of November. Another person will fill in while Maria is out.

Contracts – Christine retired, and Paisley is taking over



5. Provider Updates

Line Dance Pilot – The state-wide Line Dance curriculum creation pilot continues under the direction of Innovative Health Solutions.

CalFresh Expansion – this contract is resuming after a 2-year hiatus due to the pandemic. The Food Bank of Contra Costa and Solano is leading the outreach effort to help older adults sign up for CalFresh benefits. Contract is in process and will be completed within the next 2 months. Funding is ongoing for at least 3 years.

Senior Nutrition --- Annual survey and program audit are completed. Stella WuChu, AAA Nutritionist, completed the review. Attached are the highlights. The results are generally good. The findings are being addressed and are minor.

Empowered Aging – Major staffing changes have caused some temporary program issues – nothing affecting clients directly. The organization recently hired a Director of Programs. I anticipate services to continue.

Share the Care Napa Valley – Executive Director resigned for a position with the County of Napa. The search is on for a new Executive Director.

Meals on Wheels Solano – Executive Director will be operating remotely going forward. I do not anticipate any service disruptions.

Collabria Care – Leading work on a 15-month process including focus groups and surveys to create a detailed strategy to support the aging community in Napa County for the next 10 – 15 years.

Annual Nutrition Survey and Kitchen Monitoring Highlights September 2022

Key Indicators

Indicator	Community Action of Napa Valley	Meals on Wheels Solano County
Food Quality	79%	74%
Overall Service Quality	86%	86%
Eat more fruits and vegetables	70%	80%
Live Independently as a Result	70%	87%
Feel Less Isolated	70%	81%

Responses include combined ratings of “Excellent” and “Good” for Food Quality, Overall Service Quality.

Responses include “Yes” response for “Eat More Fruits and Vegetables”, “Live Independently”, and “Feel Less Isolated” questions.

Response Rates:

- Community Action of Napa Valley – 93%
- Meals on Wheels Solano County – 48%

Findings:

1. *Kitchen issues which were addressed*
 - Grimy door gasket of walk-in refrigerator
 - Missing lid on inside garbage can
 - Incomplete/Inaccurate monthly kitchen reports – daily temp and production records
2. *CANV Issues which are being addressed*
 - Client Satisfaction Survey late
 - Year-end Report Overdue
 - Habitually late submitting monthly food service cost control report
3. *Meals on Wheels Solano Issues which are being addressed*
 - None

Caregiving Goal

In What Way Might We:

Determine the feasibility of developing a student volunteer program in three high schools and the Community College in Napa County.

That would result in:

A "senior helper" type program matching student volunteers with frail seniors who need occasional assistance on various projects which would enable the senior to remain living independently.

Overview

High school and college students in the Napa and Solano Counties will be matched to seniors in the community to provide help as needed to the seniors.

The students would earn service hours for credit towards their graduation service requirements.

This can be accomplished by:

- 1) Set up a high school "community credit" program with the proper department at the 3 high schools to help seniors with shopping, errands, yard care, dog walking, etc.
- 2) It will happen as a result of the ACOA coordinating helping to set it up with the proper school department. The schools will maintain it, monitor, etc. We can help set it up, and connect the counselor office or department with names/needs of seniors who need help in some form. The students receive community service credit, which they need for high school graduation.
- 3) Tools, resources (our connecting students with seniors through a school personnel, and methods as described above.

AAOA Technology Goal

In what way might we create a list available to older adults in Solano County of free /low-cost classes and resources for using electronic devices.

This would result in the compilation of a single resource that is printable, can be added to the ACOA web site as well as other government and nonprofit sites, and can be used by county and nonprofit organizations, a resource that can be readily emailed to older adults and their families. Such a resource will significantly increase ready access to training opportunities throughout the county.

We believe there are several problems at present, one of which is the inability (intimidation factor) of seniors to fully utilize tools that they may already have. Awareness of community-based locations of training may help minimize the real and perceived barriers older adults have related to technology usage.

Internal Calendar - Napa / Solano Advisory Council on Aging - FY22-23

Updated 09.20.22

Month	Meetings / Membership	Project & Advocacy Milestones	Key AAA / Contract Activities
JULY	-Officers begin terms. -July Meeting canceled. -07/18 Exec Committee Meeting to plan August Strategy workshop.	-Successfully advocated for each County BOS and nearly all cities to support age friendly initiatives. -Participated in community meetings. -Plan Strategy Workshop -AgeWell published mid month.	-Successfully advocated each County BOS and nearly all cities to support age friendly initiatives. -FY21-22 provider contracts begin. -Plan Strategy Workshop -Held community meetings for input to ARPA funding decisions.
AUGUST	-Strategy Workshop. -Approved: Shellie Coleman’s move to Regular; Donna Harris’ move to Alternate; and recommendation of Heather Luna for Regular for Napa.	-Quarterly Report -5 Priorities identified in Strategy Meeting -Approve Member Recruitment project.	-Lead Advisory Council Strategy Meeting -Define opportunities for ARPA funding decisions
SEPTEMBER Fall Prevention	-9/17 Napa Valley Alzheimer’s team walk. -Approved recommendation for Regular membership for Kris Coryell, Napa; and Alan Werblin, Solano.	-Priority Goals and Work Groups defined. -September 15 AgeWell articles due.	-Lead Part II Strategy Meeting to set priority goals for the Advisory Council. -Council approved proposed ARPA funding. -Begin ADRC work.
OCTOBER Emergency Preparedness	-10/22 Solano Alzheimer’s team walk.	-Work Groups update on Priority Goals -Quarterly Report. -AgeWell published mid-month.	
NOVEMBER Family Caregiver			
DECEMBER		-Dec 15 AgeWell articles due.	
JANUARY			
FEBRUARY	-Review Officer Nomination process.	-Quarterly Report	
MARCH March for Meals	-Approve Officer Nomination Committee.	-March 15 AgeWell articles due.	
APRIL	-Present slate of Officers; Nominations from the floor.		-Area Plan Update.
MAY Older Americans	-Election of Officers.	-Quarterly Report	-Present budget and funding for Service Providers to Advisory Council.
JUNE Gay Pride & Elder Abuse	- Terms end for current Officers 6/30.	-June 15 AgeWell articles due	