

NAPA/SOLANO AREA AGENCY ON AGING



ASSISTANCE - ADVOCACY - ANSWERS



Advisory Council on Aging

MEETING AGENDA
September 6, 2022 - 10:00 AM Pacific Time

650 Imperial Way, 1st Floor
Napa, CA

The Advisory Council on Aging does not discriminate against persons with disabilities. Meetings are held in accessible facilities. If you wish to attend this meeting and require assistance in order to participate, please call the Area Agency on Aging at least 24 hours in advance of the event to make reasonable arrangements, 707/784-8960.

Non-confidential materials related to an item on the Agenda submitted to the Advisory Council on Aging after distribution of the agenda packet are available for public inspection during normal business hours at the Solano County Older and Disabled Adult Services receptionist's desk at 275 Beck Avenue, Fairfield, 1st Floor.

If you wish to address any items on the Agenda, please participate in the discussion so the Advisory Council on Aging can fulfill its purpose of being an informed community champion of older adults, advising the AAA, the Oversight Board, and the Napa and Solano Boards of Supervisors.

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AGENDA
September 6, 2022

CALL TO ORDER – 10:00 a.m.

ROLL CALL

10:00 - 10:15 COUNCIL BUSINESS

COMMENTS FROM THE PUBLIC

This is your opportunity to address the Advisory Council on a matter not on the Agenda, but it must be within the subject matter jurisdiction of the ACOA. Please limit comments to three minutes. Items from the public will be taken under consideration without discussion by the Advisory Council and may be referred to staff.

APPROVAL OF THE AGENDA

APPROVAL OF THE DRAFT MINUTES

ADVISORY COUNCIL MEMBERSHIPS: Verneal Brumfield

- Welcome and Introductions: New member Heather Luna; and prospective member Kris Coryell
- Recommendation from interview team on Kris Coryell to represent Napa as Regular Member. Approval of Kris for membership.

10:15 – 11:50 STRATEGY WORKSHOP: Elaine Clark

ARPA FUNDING OPPORTUNITIES

REVIEW OF THE 5 PRIORITIES SET AT AUGUST MEETING

BEGIN DEFINING SPECIFIC GOALS AND OUTCOMES FOR ACHIEVING PRIORITIES

IDENTIFY MEMBER COMMITMENTS AND RESPONSIBILITIES

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11:50 – 12:00 – MEETING DATES / LOCATIONS FOR REMAINDER OF 2022-23: Verneal Brumfield

Consider mix of on-site and virtual meetings for remainder of fiscal year 22-23 to include a minimum of 2 more on-sites.

- October: virtual
- November: virtual
- December: virtual (cancellation to be considered closer to date of meeting)
- January: virtual
- February: onsite in Solano
- March: virtual
- April: virtual
- May: onsite in Napa
- June: virtual

MEETING ACTION ITEMS:

- Approve Kris Coryell as Regular Member, representing Napa County.
- Approve ARPA Funding Opportunities
- Approve Council meeting dates and locations for the remaining of fiscal year 2022-2023.

12:00 ADJOURN

NAPA/SOLANO AREA AGENCY ON AGING



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Advisory Council on Aging

DRAFT MINUTES

August 2, 2022

CALL TO ORER – 10:02

PRESENT: Elaine Clark, Executive Director AAA; Verneal Brumfield, Chair; Richard White, Past Chair; Fern Yaffa, Vice Chair; Susan Ensey, Secretary; Donna Altes; Shellie Coleman, Donna Harris, Cheryl Johnson; Arnold Koenig; Anne Payne; Tony Provine; Dane Reeves; Fran Rosenberg. **ABSENT:** Jerry Castanon; Linda Chandler;

COUNCIL BUSINESS: Verneal Brumfield

APPROVAL OF AGENDA: Motion by Tony Provine: Seconded by Richard White; Approved.

APPROVAL OF MINUTES: Motion by Richard White; Seconded by Tony Provine; Approved.

MEMBERSHIPS:

- Discussion and approval of Donna Harris representing Solano County transferring from Regular to Alternate.
- Discussion and approval of Shellie Coleman representing Solano County transferring from Alternate to Regular.
- Recommendation from interview team on Heather Luna to represent Napa as Regular Member. Approval of Heather for membership: Fern Yaffa
- Introduction and approval of new Project for Member Recruitment to be chaired by Richard White: Richard White

STRATEGY WORKSHOP: Elaine Clark

- See Elaine Clark's email dated August 4 with 2-page attachment that summarizes the outcomes of the priority setting workshop: ACOA Priorities 2022-2023 and Communication Tools/Methods.

MEETING ACTION ITEMS:

- Motion to approve Donna Harris transferring from Regular to Alternate Member, representing Solano County by Susan Ensey; Seconded by Tony Provine; Approved.
- Motion to approve Shellie Coleman transferring from Alternate to Regular Member, representing Solano County by Cheryl Johnson; Seconded by Richard White; Approved.
- Motion to approve Heather Luna as Regular Member, representing Napa County by Fern Yaffa; Seconded by Susan Ensey; Approved.
- Motion to approve Member Recruitment Project, chaired by Richard White by Richard White; Seconded by Fern Yaffa; Approved.
- Motion to approve September meeting to be held in Napa: Approved.

ADJOURN – 11:58 Motion to adjourn by Dane Reeves; Seconded by Donna Harris; Approved.

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Advisory Council on Aging

EXECUTIVE COMMITTEE AGENDA August 23, 2022 – 1:00 – Zoom Meeting

CALL TO ORDER 1:00

ROLL CALL

APPROVAL OF TODAY'S AGENDA

PLAN SEPTEMBER 6 MEETING AGENDA

- Include Reports?
- Approve Memberships – Kris Coryell, regular member representing Napa to be approved by Council
- Discuss proposed meeting dates and locations for remaining 22-23.

DISCUSS PART II STRATEGY WORKSHOP ON GOAL SETTING

ADJOURN 2:00

EXECUTIVE COMMITTEE DRAFT MINUTES July 18, 2022 – Zoom Meeting

CALL TO ORDER: 12:00

ROLL CALL: Verneal Brumfield, Chair; Richard White, Past Chair; Fern Yaffa, Vice Chair; Susan Ensey, Secretary; Elaine Clark, Executive Director AAA.

DISCUSSION TOPICS

- Plans and desired outcomes for Strategy Workshop on August 2nd.
- Membership: Add Action Item to August meeting for approving Shellie Coleman moving from alternate to regular, and for approving new regular member Heather Luna. Elaine Clark will reach out to Donna Harris and propose moving to alternate.
- Recruitment of Members: Add Action item to August meeting for Richard White to head up the project.
- Meeting Dates: Add proposal and discussion item to August meeting for on-site / virtual meeting dates and locations for remainder of 22-23.
- Quarterly Reports: Richard White, as Past Chair, will take on the preparation of Quarterly Reports.

ADJOURNED

Internal Calendar - Napa / Solano Advisory Council on Aging - FY22-23

Updated 08.23.22

Month	Meetings / Membership	Project & Advocacy Milestones	Key AAA / Contract Activities
JANUARY	-Approved members for extended terms. -Approved recommendation of Shellie Coleman and Linda Chandler as Council Alternates 1 and 2 for Solano.	-Review opportunities for focus on Advocacy.	-Planning / programmatic decisions for Solano County ADRC.
FEBRUARY	-Review Officer Nomination process.	-Quarterly Report -Approve Support Letter for AB98	-Planning on the Livable Communities (Age Friendly) designation
MARCH March for Meals	-Approved Officer Nomination Comm. -Approved Past Chair as fourth Executive Officer position. Approved Fran Rosenberg as Council Alternate for Napa -Removed 2 Members due to absences	-March 15 <i>AgeWell</i> articles due. -Members active in communicating and gaining support for Age Friendly Designation in Napa and Solano.	-Age-Friendly Talking Points distributed to Council Members.
APRIL	-Slate of Officers presented; No nominations from floor. -Approved Recommendation of Anne Payne Regular Member for Napa -Slide presentation on Area Plan Update	-Initiatives and tracking of outreach for Age Friendly Designations in Napa and Solano - <i>AgeWell</i> increases in # articles and distribution list.	-Area Plan Update / Community Forum. -Communications and outreach for advocating Age Friendly Designations.
MAY Older Americans	-Election of Officers. -Approval of CSL candidates. -Short meeting to accommodate Senior Raley Day	-Quarterly Report -Progress in advocating Age Friendly Designations	-Present budget and funding for Service Providers to members. -Communication and outreach for advocating Age Friendly Designations
JUNE Gay Pride & Elder Abuse	- Terms end for current Officers 6/30.	-June 15 <i>AgeWell</i> articles due -Progress in advocating Age Friendly Designations.	-Communication and outreach for advocating Age Friendly Designations.
JULY	-Officers begin terms. -July Meeting canceled. -07/18 Exec Committee Meeting to plan August Strategy workshop.	-Successfully advocated for each County BOS and nearly all cities to support age friendly initiatives. -Participated in community meetings. -Plan Strategy Workshop - <i>AgeWell</i> published mid month.	-Successfully advocated each County BOS and nearly all cities to support age friendly initiatives. -FY21-22 provider contracts begin. -Plan Strategy Workshop -Held community meetingsfor input to ARPA funding decisions.
AUGUST	-Strategy Workshop. -Approved: Shellie Coleman's move to Regular; Donna' move to Alternate; and recommendation of Heather Luna for Regular for Napa.	-Quarterly Report -5 Priorities identified in Strategy Meeting -Approve Member Recruitment project.	-Lead Advisory Council Strategy Meeting -Define opportunities for ARPA funding decisions
SEPTEMBER Fall Prevention	-9/17 Napa Valley Alzheimer's team walk. -Approve recommendation of Kris Coryell for Regular Member for Napa -Approve remaining onsite/virtual meetings for 2022-23.	-Second Part II Strategy Meeting to set goals. -Sept 15 <i>AgeWell</i> articles due.	-Lead Part II Strategy Meeting to set goals for the Advisory Council.
OCTOBER Emergency Preparedness	-10/22 Solano Alzheimer's team walk.	-Quarterly Report. - <i>AgeWell</i> published mid-month.	
NOVEMBER Family Caregiver			
DECEMBER		-Dec 15 <i>AgeWell</i> articles due.	

American Rescue Plan Proposed Allocations

Napa County

Service Category	Service	Provider	Amount	TOTAL
IIIB – Supportive Services -- \$154,560				
	Respite Care	Collabria Care	\$15,000	
	Emergency Bags	Collabria Care	\$5,000	
	Fall Prevention	Share the Care Napa Valley	\$42,560	
	Emergency Housing	Benicia Family Resource Center	\$20,000	
	Destination Rides	Molly's Angels	\$22,000	
	Outreach	TBD	\$50,000	
				\$154,560
IIIC – Nutrition -- \$252,000				
	Weekend Meals	Community Action Napa Valley	\$252,000	
				\$252,000
IIIE – Family Caregiver -- \$48,224				
	Respite	Collabria Care	\$48,224	
				\$48,224
IIID – Disease Prevention -- \$16,427				
	Tai Chi/Matter of Balance	Innovative Health Solutions	\$16,427	
				\$16,427

Solano County

Service Category	Service	Provider	Amount	TOTAL
IIIB – Supportive Services -- \$444,742				
	Health Assessments	Innovative Health Solutions	\$50,000	
	Emergency Housing	Benicia Family Resource Center	\$70,000	
	Case Management	Meals on Wheels Solano	\$60,000	
	Case Management, LGBTQ	Solano Pride Center	\$30,000	
	Outreach	TBD	\$100,000	
				\$310,000
IIIC – Nutrition -- \$725,122				
	Weekend Meals	Meals on Wheels Solano	\$581,122	
	Medically Tailored Meals	Innovative Health Solutions	\$144,000	
				\$725,122
IIIE – Family Caregiver -- \$138,764				
	Respite	Redwood Caregivers	\$138,764	
				\$138,764
IIID – Disease Prevention -- \$47,267				
	Tai Chi/Matter of Balance	Innovative Health Solutions	\$47,267	
				\$47,267

ACOA Priorities 2022-2023
From Planning Meeting Held August 2, 2022

What areas should the ACOA focus on this year in order to make an impact on the lives of seniors living in Napa and Solano Counties?

Following are the top priority areas identified by the Advisory Council during the August 2nd meeting.

Priority Area	Identified Concerns	Notes
Transportation	Healthcare Access Options How to live without driving What to do with auto once no longer driving Emotional Support Isolation Rural areas	
Affordable Housing	Stigma associated with Low Income Rental Assistance Options Need more affordable units Foreclosure Education Long Term Care Facilities as an option	
Electronic Tech Devices and Service	Training Access Availability Social Isolation Engagement	
Nutrition	Options for meals/nutrition Education Access to healthy meals	
Caregiving	Assistance with Chores Assistance with yardwork Quality caregiving Options for caregiving Respite	

General Themes:

- Isolation/loneliness
- Inclusion
- Messaging – reaching all seniors

Communication Tools/Methods

How might we reach older adults with messaging?

1. AgeWell
2. Attend Community meetings and speak up at those meetings
3. Church Meetings
4. Conduct Community Meetings
5. Senior Housing Meetings
6. Legislation – City, County, State, Federal
7. Social Media – FaceBook
8. Radio – PSAs and interviews
9. Newspaper – Letters to the Editor, Press Release, Articles
10. Service Providers – knowing their needs, using providers to push out information
11. Regional Magazines – articles, interviews
12. Friends and Family
13. Service Group presentations
14. Collaborate with local community groups
15. Community Education departments at schools
16. Local Access TV
17. Direct Mail
18. Senior Resource Guides
19. Outreach through County programs