Advisory Council on Aging August 6, 2024 Meeting Agenda 10:00 – 12:00 675 Texas Street, CAC Conference Room D – I 6004, Fairfield, CA

The Advisory Council on Aging does not discriminate against persons with disabilities. Meetings are held in accessible facilities. If you wish to attend this meeting and require assistance in order to participate, please call the Area Agency on Aging at least 24 hours in advance of the event to make reasonable arrangements. 707/784-8960.

Non-confidential materials related to an item on this Agenda submitted to the Advisory Council on Aging after distribution of the agenda packet are available for public inspection during normal business hours at the Solano County Older and Disabled Adult Services receptionist's desk at 275 Beck Avenue, Fairfield, 1st Floor.

If you wish to address any items on the Agenda, please participate in the discussion so the Advisory Council on Aging can fulfill its purpose of being an informed community champion of older adults, advising the AAA, the Oversight Board, and the Napa and Solano Boards of Supervisors.



AGENDA August 6, 2024

BUSINESS MEETING:

CALL TO ORDER - 10:00 a.m.

- 1. ROLL CALL
- 2. **WELCOME**: Richard White

COMMENTS FROM THE PUBLIC

This is your opportunity to address the Advisory Council on a matter not on the Agenda, but it must be within the subject matter jurisdiction of the ACOA. Please limit comments to three minutes. Items from the public will be taken under consideration without discussion by the Advisory Council and may be referred to staff.

- 3. APPROVAL OF THE AGENDA / APPROVAL OF THE DRAFT MINUTES
- 4. VOTE TO APPROVE EXTENDING MEMBERS TO NEW TERMS EXPIRING June 30, 2026:
 - a. Donna Harris, Richard White, Linda Chandler, Cheryl Johnson
 - b. Susan Ensey, Neil Watter, Fern Yaffa, Fran Rosenberg

5. REPORTS

- Executive Committee: Richard White
- Families Focus Group Meeting Regional Climate Action: Lynne Baker.
- Staff Report: Elaine Clark
- Member Recruitment: Riitta DeAnda
- AgeWell: Cheryl Johnson
- Legislation: Richard White
- Community Outreach: Riitta DeAnda. Reports from members.

STRATEGY SETTING WORKSHOP: Elaine Clark

- Identify 2024/25 priorities for Council focus
- Define goals and desired results

ADJOURN 12:00 to next meeting September 3 – 650 Imperial Way, 1st Floor, Napa, CA



Advisory Council on Aging July 2, 2024 Meeting Minutes

CALL TO ORER - 10:00 a.m.

PRESENT: Richard White, Chair. Riitta DeAnda, Vice Chair; Susan Ensey, Secretary; Lynne Baker; Linda Chandler; Olga Curtright; Donna Harris; Cathy Kahn; Michelle Marin; Elizabeth Murphy; Fran Rosenberg; Sandy Stevens; Kathy Wagner; Fern Yaffa; Elaine Clark, AAA Executive Director; Jaquetta Jefferson, AAA Staff. **ABSENT:** Cheryl Johnson; Anne Payne; Neil Watter; Alan Werblin.

GUESTS: Maury Robertson, Executive Director Rianda House; Julie Robertson; B.J. Bishoff; Celine Regalia; Gwendolyn Gill, Solano County.

WELCOME: Introductions by guests and members.

APPROVAL OF AGENDA / APPROVAL OF MINUTES: Motion by Lynn Baker to approve the Agenda with AB817 spelling correction; Seconded by Olga Curtright; Approved. Motion to approve the June Minutes by Elizabeth Murphy with correction in spelling the word strategy; Seconded by Fern Yaffa; Approved.

GUEST SPEAKERS: NOAA (Napa Older Adults Assessment) - B.J. Bishoff, Bishoff Consulting and Celine Regalia, Executive Director Providence Community. B.J. and Celine presented the findings of the assessment and a summary of the coordinated approach to solutions. One of the nine recommendations is to establish an ADRC (Aging and Disability Resource Connection), a one stop shop for services for older adults.

PLANNING FOR STRATEGY SESSION - AUGUST 6

The Council discussed possible areas for focus in 2024/25: Housing; emergency preparedness; transportation; downsizing as part of aging in place; requirements for fall prevention and grab bars; access to technology; and coordination of services available to seniors. In the August strategy meeting the Council will identify several areas for focus and will identify desired results to achieve by year end.



REPORTS:

- Executive Committee: Richard White
- **Bylaws:** Lynne Baker called for Council approval of Version 10 of the revised Bylaws. Motion to approve by Riitta DeAnda; Seconded by Fern Yaffa; Approved.
- Staff Report: Elaine Clark reviewed her written report. Highlights:
 - The Council discussed coordination of community tabling events including coordination with Sheralyn Lime, Solano's ADRC, and Tiffanie Walker, Napa's Information and Assistance.
 - Elaine is working on applying additional funding from MIPPA (Medicare Improvement for Patients and Providers Act) to provide more information to Medicare beneficiaries in Solano and Napa.
 - ADRC's: Elaine is involved with setting ADRC strategy at the state level, continuing coordination with Solano's ADRC, and discussions regarding establishing a Napa ADRC.
 - Elaine is coordinating a coalition for meal providers from both counties.
- **Member Recruitment:** Riitta DeAnda requested members be active in looking for potential members for Napa's two openings.
- AgeWell: Members are encouraged to submit articles.
- **Legislation:** Richard White requested the Chair be authorized to write letters in response to legislation in situations when the time is too short to obtain full Council approval. This approval would apply for letters of support or opposition to a particular bill that already had been reviewed with the full knowledge of the Council. Motion by Susan Ensey; Seconded by Fern Yaffa; Approved.
- Community Outreach: Riitta DeAnda discussed coordination of tabling events with Solano's ADRC and Napa's Information and Assistance. Riitta will send out a contact list for Community Centers. Olga Curtright talked with three senior apartment complexes and is planning to let them know about available provider services.

MEETING ACTION ITEMS:

- Approved authorizing the Chair to write letters in response to legislation
 when the time is too short to obtain Council approval, and when support or
 opposition of the bill has been approved previously with the full knowledge
 of the Council.
- Approved Version 10 of the revision to the Bylaws.

Motion to Adjourn by Donna Harris; Seconded by Fran Rosenberg; Approved.

ADJOURNED 12:07 to next meeting August 6 in Fairfield, 675 Texas Street, CAC Conference Room D - I 6004.



Advisory Council on Aging Executive Committee Agenda/Minutes

August 6, 2024 Agenda

CALL TO ORDER: 12:00

ROLL CALL / APPROVE MINUTES / APPROVE AGENDA

REVIEW HIGHLIGHTS AND NEXT STEPS RESULTING FROM TODAY'S MEETING

PLAN SEPTEMBER 3, 2024 MEETING

July 2, 2024 Minutes

CALL TO ORDER: 12:20

ROLL CALL: Present: Richard White, Chair; Riitta DeAnda, Vice Chair; Susan Ensey

Secretary; Elaine Clark, Executive Director AAA; Jaquetta Jefferson, AAA.

REVIEWED HIGHLIGHTS AND NEXT STEPS RESULTING FROM TODAY'S COUNCIL MEETING:

 Planned August meeting to include a strategy session to identify priorities and define goals and desired results for fiscal year 2024/25. Elaine Clark will lead the session.

ADJOURNED: 12:50



Staff Report

August 2024

Local Master Plan for Aging Work

Solano County - Master Plan for Aging

- Work groups continue to meet to discuss specific issues and suggested remedies.
- Seeking guidance from Solano County housing expert and Vacaville transportation organization as well as Solano Transportation Authority to provide insight.

Napa County - NOAA

- Discussions moving forward re: framing the final report and presentation.
- Moving forward with creating ADRC as the facilitator of the work.

Aging and Disability Resource Connection

ADRC is a philosophy. It sits on top of the efforts we already do.

Solano County

- Submitted year-end close out report to CDA.
- Submitted quarterly report 575 consumers contacted the ADRC April June.
 - o 345 Information and Assistance
 - o 287 Options Counseling Assistance
 - o 178 Short-Term Service Coordination
 - o 76 Medicare Assistance
 - o 100 CalFresh Enrollment Assistance
 - o 159 Housing Assistance
- ADRC hired client intake specialist.
- Conducted interview for additional Case Manager

Napa

- Submitted "Letter of Intent" to open an ADRC in Napa.
- Beginning creation of Work Plan for submission to CDA for consideration. Due end of October.

Branding/Outreach

Working with Brown Miller and OneEach to create new website, integrating N/S AAA, ADRC Solano, and eventually, Solano Master Plan.

Nutrition Collaborative

I have convened a group of Solano nutrition service providers: Meals on Wheels, Innovative Health Solutions, Food is Free Bay Area, the ADRC, and Richard White to meet to discuss how we ensure everyone needing food is fed, especially in emergency situations. Meetings will continue through September.

Emergency Packs

The first of 3 deliveries of emergency supply packs arrived for distribution in Solano County. The packs were purchased with Solano County ARPA funds that expire in September. Packs will be given out to older and disabled adults through service providers. Distribution will begin in September.

Service Providers

HICAP – attended quarterly meeting and received update on clients served and outreach activities. Meeting outreach numbers approved by CDA. Two new HICAP volunteers are almost ready for Solano County.

Collabria Care/Providence Health – meeting with leadership to assist with outreach ideas for using the ATT funds before the end of September.

Molly's Angels – meeting with leadership, ombudsman, and State Ombudsman to discuss responsibilities and communication.

USAging Conference

I attended the USAging Conference in Florida, the first week of July. This annual convening brings together over 1,400 people from Area Agencies on Aging. The focus is best/innovative practices, federal legislative updates, and trends. Below are a few highlights from the meetings I attended.

1. Transportation

Kathleen, Sonoma, 5310 grant – every 2 years: capitol, mobility management/Call Center, operating – rural vs urban. Include info from regional transit to boost points. Sonoma received perfect score



NADTC

90 days of recovery – transportation with social workers take to/from apts, meetings, everywhere need to be. \$250,000 annual cost

RTAP – 5311 grant for projects, strengthen micro-transit tribal and rural, food delivery and rides to grocery stores – *tell providers*Sign up at NADTC website for grant opportunities/newsletter

TACL – technical assistance laboratory

Healdsburg – Kathleen, hotel occupancy tax pays for senior transportation and senior center operations

Sonoma AAA – put \$60,000 to 2 different transportation programs. A third program exists that the AAA does not support.

DEIA – Diversity, Equity, Inclusion, and Access

Add a "paw" on ridership card to show they've been asked about their service animal, no need to ask every time. Person centered.

Lots of transportation examples on USAging website – these are in addition to AAA funds.

Client Centered Transportation

- Ask clients what they need
- Identify gaps with transportation programs
- Ask healthcare providers what they need
- Build a pilot

Show me a healthy community and I will show you a healthy transit system

2. Housing

By 2040, 80+ head of household = 17 million

Less than 40% of homes are accessible for wheel chairs and people with mobility issues Housing insecurity rising:

- Economics: utilities, insurance, loss of income,
- Health and Ability
- Isolation and caregiver support

AAAs can support housing – senior housing alliance, create toolkits, access to information

Office hours at senior complexes, support for landlords and tenants



SOS – Solutions Options for Seniors

Case Mgr. – evidence based intervention – congregate dining – OATS – SOS
Pay small bill to keep out of downward spiral which leads to losing housing
Is there an intervention, how can we be part of the solution, service coordination
Home Match – Sonoma – problem is homeowners are more unstable than people
looking for home

USAging has homelessness papers to read Next Avenue – Homeless After 50 article

Federal strategy plan -- see notes for picture
How are we disrupting the path to homelessness
Not quite APS but need interventions
AAAs need to work with Continuum of Care and others
Age Options - USAging study

During pandemic sheriff stopped doing evictions

Asked if they could help AAA – delivered meals to older adults, got to know them as people

Once evictions resumed, sheriffs contacted AAA prior to evictions and alerted/asked for interventions so people would not be evicted

Aging Svcs + Legal Svc + Pilot Handyman – takes all of these orgs to keep people housed

ADRCs need housing specialists

Mobile Outreach Team – homeless svcs, cooling shelters, 4 Case Managers including people with lived experience on the teams
Hoteling is essential to stabilize and transition to LTSS

3. Opening Session

Florida – 6.3 million seniors – outnumber populations of several states Alz is 6^{th} leading cause of death in US We are here to effect change Build longevity mind set

Health defined now = absence of disease Instead, Health = well managed, stability, share my wisdom, staying active, feeling love

I'm the only one who gets to decide - people have power to determine how they live



Shift cultural mindset, integrate health system and social services to support diverse needs

Enable engagement with transportation, safety, housing Remain working longer because people want to and it is healthy Engage in life-long learning

AAAs that have 14 or more partners == lower county readmissions

32% of physicians screen for social determinants, of those only 2/3 know what to do

AAA natural part of the intervention to foster good health Eliminate "retirement" from vocabulary – move forward to another challenge Shared meals is important part of Mediterranean diet – not just the food 85% of ageist messages come from ourselves

AAAs - are we creating solutions that matter to the people we serve?

4. ACL - Alison Barkoff

New OAA regulations coming

Statute says AAA are advocates for older adult services

Added a lot re: disaster preparedness – 1st ever in regulations

Added family caregiver language

All means all – added language

APS – created federal "home" for the program

5/2028 for implementation of new regulations

APS needs to coordinate with AAA and other services

Section 504 of Rehabilitation Act – prohibits discrimination

Section 1557 - OAA, accessibilities language

Lots more coming

Direct Care workforce - need more funding streams, 50% turnover rate,

53 million caregivers

10,000 people/day turn 65

Lack of affordable, accessible housing for clients and caregivers

Interagency Coordinating Council - Federal MPA work - ACL website

Strategic framework to inform a national plan on aging

Disaster prep and recovery part of framework

We must defend programs – Republicans pushing to move to age 65 to save money, rather than add funding



5. Amy Gottwalls

Federal budget – 30% discretionary funding. Of that, 16% is nondiscretionary appropriations. OAA funds come from that, along with many other pgms.

Major cuts to senior nutrition programs are proposed and will happen if Republicans control both houses and pres.

• IIID will allow "evidence informed" programs
No increase in admin funding – asked for 2% increase

NEED TO MAKE SURE KIOSKS have language and ADA

6. Emergency

Usable and replicable emergency prep handbook – O4AD Oregon Include prolonged heat events as well as fire and ice, earthquakes, etc.

7. Congregate Meals

Move from senior centers to different types of sites

Mobil meals

Discontinue reservations invites more people but difficult to plan

Allow dining between 10 – 1:00 -- people eat when they want

Decrease processed foods

Offer cold meals

Mental Health grant – benefits of eating together

8. Mind/Body connection

6 in 10 believe cognitive decline in aging is inevitable.

- Less than ½ of people will experience cognitive decline Younger you are, more likely you believe inevitability Delaying onset of dementia by 5 years, cuts incident in ½ Modifying lifestyle factors can reduce cognitive decline by 40% Global Council on Brain Health
 - Exercise
 - Hearing single biggest modifiable life factor
 - Healthy Lifestyle
 - Six pillars of brain health
 - Being social
 - Engage your brain
 - Manage stress
 - Ongoing exercise
 - Restorative sleep



Eat right

Combine all can reduce cognitive decline

98% of people know that but 56% of people do this

Support better lifestyle patterns to choose better behavior

Brainhealthaction.org – multi-year strategy to facilitate policy changes

Consider brain health as a service line, not a program, change messaging

AARP.org/brainhealth

John A Hartford Foundation, innovation awards for more ideas

Every sector of life must be age-friendly

OAA Priorities for USAging

- Healthcare contracting
- C1 and C2 flexibilities
- IIID Evidence informed
- Social engagement
- Increase admin funds
- Ensure senior centers are NOT carved out of IIIB funding
- Clarification non OAA contracts do not need to tell CDA/approve

No action until after the election. Republicans want to revise if they have control, taking back funding, raising OAA eligibility to 65.

9. Tech

Tech to Connect San Diego – county created department to connect seniors with tech Used local, state, federal funds

Over 30 different programs

- 1 in 4 adults 65+ socially isolated
- 73% over 65 use technology

Access to tech reduced risk of isolation by 31% in San Diego

Biggest obstacles = connectivity, training, complexity of mkt placeCombine:

• Devices + Connectivity + digital literacy

All IHSS clients who live alone received device and training

Tech2Connect and Community Tech Network - excellent trainers

Grant from CDA re: health misinformation – don't believe what you hear from "Uncle

Joe". Use tech to research and connect with healthcare

10. Evaluating Social Connection programs

Loneliness is subjective, feeling due to perceived lack of connectedness Social Isolation – objective, few relationships Social Connection – people who have subjective and objective interactions



Commit to Connect.org

- 1 in 3 adults feel lonely
- 1 in 4 lack social and emotional support
- 75% in fair/poor health struggle with social isolation/loneliness

ACL Commit to Connect innovations hub
Join Nationwide Network of Champions community of practice
Upstream Social Interaction Risk Test U-SIRS-13
Baseline then measure 3 mo.

INTERNAL CALENDAR - Napa / Solano Advisory Council on Aging - FY 24-25

Updated 07.22.24

Month	Meetings / Membership	Calendar of Events	Project & Advocacy Milestones	Key AAA / Contract Activities
JUL	-Napa. -Officers begin terms. -Speaker: Napa Older Adults Assessment (NOAA).		-Plan Strategy meeting. -Continue Outreach Committee commitments. -Agewell published. -Quarterly Report.	-FY24/25 provider contracts begin. -New AAA website. -Progress with Solano ADRC. -Input to NOAA next steps.
AUG	-Solano -Strategy and Goal Setting for 24/25		-Strategy/goals set for 24/25. -Agewell articles due.	-Lead Strategy meeting. -Discussions on Napa ADRC.
SEP	-Napa	-Fall Prevention Month.	-Agewell published.	-Resource Guides published.
0CT	-Solano	-Emergency Preparedness Month. -Ageism Awareness Day.	-Agewell articles due. -Quarterly Report.	
NOV	-Napa -Review RFP process.	-Family Caregiver Month.	-Agewell published	
DEC	-Recess		-Agewell articles due.	
JAN	-Napa		-Agewell published. -Quarterly Report.	
8 1	-Solano -Review Officer Nomination process.		-Agewell articles due.	
MAR	-Napa -Officer Nomination Committee formed.	-March for Meals.	-Agewell published	-Work on Area Plan update.
APR	-Solano -Presentation of Slate of Officers. -Presentation of Area Plan Update.		-Agewell articles due. -Quarterly Report.	-Work on Area Plan Update.
MAY	-Napa	-Older Americans Month.	-Agewell published.	-Submit Area Plan Update May 1.

Key AAA / Contract Activities	-Review 25/26 provider contracts with council.
Project & Advocacy Milestones	-Agewell articles due.
Calendar of Events	-Gay Pride Month. -Elder Abuse Awareness June 15.
Meetings / Membership	-Solano -Election of Officers
Month	NNf

Regular Members	. S											-continu				
Seat / Term Date	Name	Phone	2023 JUL	AUG	SEP	OCT	NOV	DEC JA	2024 JAN FE	FEB	MAR APR		MAY JUN	JUL	AUG	SEP
N - 6/30/25	Lynne Baker	707-666-1172			>	\	\	λ	<u> </u>	\			\	>		
S - 6/30/26	Linda Chandler	707-344-3042			>	<	>	A	>	>			∢	>		
S - 6/30/25	Olga Curtright	619-599-1172				>	>	٨	\	\	>		>	>		
S - 6/30/25	Riitta DeAnda	707-330-7588			7	_		Y	>	>			٨	>		<u></u>
N - 6/30/26	Susan Ensey	415-518-9927			>	>	>	\	>	\			7	>		
S - 6/30/26	Cheryl Johnson	707-628-4184			· · >	>	>	Α	>	>	>		>	A		
S - 6/30/26	Cathy Kahn	707-386-5425						λ	λ	χ	>			>		
N - 6/30/25	Michelle Marin	707-321-8568	I as a se								γ			>	W W W W O	
S - 6/30/25	Elizabeth Murphy	707-580-8572		>	>	\	>	4	>	>	>			>		
N - 6/30/25	Anne Payne	707-738-5976		<	<	>	>	>	> .			- 3		4		
N - 6/30/26	Cathy Wagner	707-738-4992											ă., _ș	\		
N - 6/30/26	Neil Watter	707-287-5418		>	>	>	>	Y	>	>	≻	plant of the	\	A	,	
S - 6/30/25	Alan Werblin	510-376-9372		>	>	>	>	A	>	> .			7	⋖		
S - 6/30/26	Richard White	615-513-4063		>	>	>	>	Α	>		Υ.		Υ.	>		
N - 6/30/26	Fern Yaffa	415-271-0263		>	\	⋖	>	Y	K	>			\	>		
N - 6/30/25	OPEN						-									
Alternate Members	ers							an germajad Vilandi						,		
SA1-6/30/26	Donna Harris	707-290-9496		y	ý	^	ý	у	w	y	У		y	χ		
SA2- 6/30/25	Sandy Stevens	510-338-2861												Ø		
NA1 - 6/30/26	Fran Rosenberg	707-738-3056		^	n	D	y	y	y	y	>		o .	χ	-	w *** ***
NA2 - 6/30/25	OPEN	-						~=-							· Japan wasan	

SECTION 7. AREA PLAN NARRATIVE GOALS & OBJECTIVES

Goal #1

Goal: Increase awareness of resources, access to services and supports for older adults and family caregivers.

Rationale: Availability and knowledge of long-term services and supports (LTSS) is identified survey participants and community responses as key to enhancing quality of life for older adults.

MPA goal: Inclusion and Equity, not isolation. Affording Aging.

Objective	Projected Start and End Dates	Type of Activity and Funding Source ⁶	Update Status ⁷
Objective 1: Promote dissemination of information about safe driving and transportation options for older adults and adults with disabilities. Annually, distribute 500 brochures, publish 4 articles about transportation options, and participate in NVTA and STA meetings.	7/1/2024- 6/30/2028	IIIB	
Objective 2: Enhance information and assistance (I&A) program by expanding access through web, phone and in-person response and integrate the I&A function in Solano County into ADRC Solano through an integrated referral and follow-up system.	7/1/2024- 6/30/2028	IIIB	
Objective 3: Collaborate to expand online tools and printed materials about available services and resources for older adults. Create and implement an annual outreach and education campaign targeting underserved communities and focusing on emergency services preparedness.	7/1/2024- 6/30/2028	IIIB	
Objective 4: Provide current resource information for LGBTQI older adults and seniors living with HIV through collaboration with local agencies and stakeholders.	7/1/2024- 6/30/2028	IIIB	

Goal: Enhance safety, physical and mental health and wellbeing of older adults and family caregivers through coordinated long-term services and supports (LTSS) emphasizing livable communities and healthy aging.

Rationale: Health issues are included as a critical concern noted by survey participants and community responses. Providing options for older adults to enhance their access to food, exercise, fall prevention.

MPA Goal: Health Reimagined.

Objective	Projected Start and End Dates	Type of Activity and Funding Source ⁶	Update Status ⁷
Objective 1: Expand Fall Prevention Programs through collaboration with the provider organizations, county services, and healthcare providers to create an identified community resource for fall assessments, referrals, and follow-up protocols in both Napa and Solano counties.	7/1/2024-6/30/2028	IIIB	
Objective 2: Collaborate with county, city, and community providers to build a digital equity eco system that addressed digital inclusion for older adults that facilitates the use of digital devices to connect with telehealth, friends, and family in order to reduce isolation.	7/1/24 – 6/30/28	С	
Objective 3: Support digital training sites in 5 senior centers and three low-income senior housing complexes.	7/1/24 — 6/30/28	С	
Objective 4: Assist in creating and maintaining a resource that identifies locations offering free internet access and disseminate the information.	7/1/24 – 6/30/28	С	
Objective 5: Assist in creating an intergenerational digital training program for older adults.	7/1/24 – 6/30/28	С	
Objective 6: Attend monthly community meetings with housing representatives to share information about housing availability for older adults.	7/1/24 — 6/30/28	С	
Objective 7: Attend monthly emergency preparedness community meetings to share information about emergency and disaster planning for older adults.	7/1/24 – 6/30/28	С	

Goal: Establish partnerships with service providers, local agencies, elected officials and stakeholders to promote collaboration and advocacy for increased countywide and cross-county resources to address the needs of older adults and their family caregivers.

Rationale: Policy, program development and advocacy for community needs including housing, disaster response/emergency preparedness.

MPA Goal: Housing for all ages and stages. Affording Aging.

Objective	Projected Start and End Dates	Type of Activity and Funding Source ⁶	Update Status ⁷
Objective 1: Collaborate and provide technical assistance to identify programmatic needs of older adults and adults with disabilities with local agencies, county departments, decision-makers and stakeholders.	7/1/2024-6/30/2028	С	
Objective 2: Lead local Master Plan for Aging strategic plan development and implementation including coordinating work with the MPA Advisory Committee, community members, and elected officials on development of Solano MPA action plan.	7/1/2024-6/30/2028	С	
Objective 3: Coordinate with local Master Plan for Aging activities in Napa through support of the Napa Older Adult Assessment project and implementation.	7/1/2024-6/30/2028	С	
Objective 4: Coordinate advocacy to increase access to affordable, accessible housing.	7/1/2024-6/30/2028	С	

Goal: Expand services to underserved, at risk older adult populations and their caregivers through focused services and supports.

Rationale: Identified need for inclusive planning and service provision for at-risk and vulnerable population groups.

MPA Goal: Inclusion and Equity, not isolation.

Objective	Projected Start and End Dates	Type of Activity and Funding Source ⁶	Update Status ⁷
Objective 1: Collaborate with nutrition providers and elected officials to identify nutrition gaps; opportunities to enhance meal quality, identify additional non-AAA funded nutrition resources and programs.	7/1/2024-6/30/2028	С	
Objective 2: Collaborate with legal services providers, Long-Term Care Ombudsman organizations, Solano and Napa County older adult services, and other interested stakeholders to coordinate and promote elder abuse prevention and increase participation in MDT meetings.	7/1/2024-6/30/2028	IIIB	
Objective 3: Collaborate with ADRC Solano to develop 4 extended partners and 20 referral agencies.	7/1/2024-6/30/2028	IIIB	
Objective 4: Coordinate with Solano County IT to create digital inclusion strategy to reach older and disabled adults.	7/1/2024-6/30/2028	С	

Goal: Provide services to support family caregivers and care receivers to maintain a healthy, safe lifestyle in the home setting.

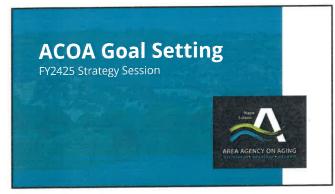
Rationale: Caregiving is routinely identified in needs assessment and community feedback as a critical need for support and expanded services.

MPA Goal: Caregiving that Works.

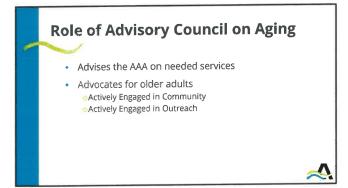
Projected Start and End Dates	Type of Activity and Funding Source ⁶	Update Status ⁷
7/1/2024-6/30/2028	IIIE	
	and End Dates	and End Dates Activity and Funding Source ⁶

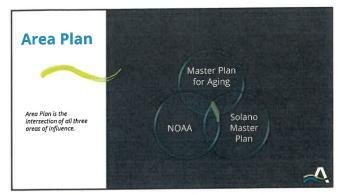
Indicate if the objective is Administration (Admin,) Program Development (PD) or Coordination (C). If a PD objective is not completed in the timeline required and is continuing in the following year, provide an update with additional tasks. For program specific goals and objectives please identify service category where applicable.

⁷ Use for the Area Plan Updates to indicate if the objective is New, Continued, Revised, Completed, or Deleted.









4

Area Plan Goals

- Increase awareness of resources, access to services and supports for older adults and family caregivers
- Enhance safety, physical and mental health and wellbeing of older adults and caregivers through coordinated LTSS emphasizing livable communities and healthy aging
- 3. Establish partnerships with service providers, agencies, elected officials and stakeholders to promote collaboration and advocacy for increased resources

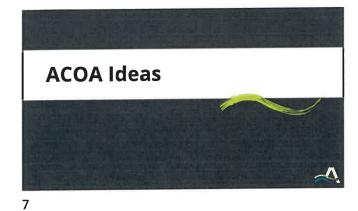


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Area Plan Goals Continued

- Expand services to underserved, at risk older adult populations and their caregivers through focused services and supports
- 5. Provide services to support family caregivers and care receivers to maintain a healthy, safe lifestyle in the home setting





Idea Starters from July 2024

- Transportation
- Housing/Downsizing
- Emergency Preparedness
- Fall Prevention
- · Access to Technology
- Service Coordination

8



Considerations

- What would success look like in June 2025?
- How would someone be better off?
- What partners do I need to make this happen?
- Is someone else already doing this work?
- Is the result within my sphere of influence?
- Do I have the time and energy to devote to this?



10

